

Diana M. Morelen, Ph.D.

(757) 218-7169

morelen@etsu.edu**PROFESSIONAL POSITIONS**

East Tennessee State University (ETSU), Johnson City, TN	08/16-Current
<ul style="list-style-type: none"> • Assistant Professor, Department of Psychology 	
Association for Infant Mental Health in Tennessee (AIMHiTN)	08/20-Current
<ul style="list-style-type: none"> • Infant Mental Health Regional Lead 	
ETSU Center of Excellence for Early Childhood Education, Johnson City, TN	01/21-Current
<ul style="list-style-type: none"> • Infant Mental Health Consultant and Reflective Supervisor 	
University of Michigan, (APA Accredited Postdoctoral Program) Ann Arbor, MI	09/14 – 07/16
<ul style="list-style-type: none"> • Postdoctoral Fellowship in Child and Adolescent Clinical Psychology 	
The Virginia Treatment Center for Children, (APA Accredited Internship Program) Richmond, VA	
<ul style="list-style-type: none"> • Clinical Psychology Intern 	07/13 – 07/14
The University of Georgia, (APA Accredited Program), Athens, GA	08/08 - 08/14
<ul style="list-style-type: none"> • Graduate Research Assistant to faculty mentors Cynthia Suveg, Ph. D. and Anne Shaffer, Ph.D. 	

EDUCATION

University of Michigan	09/14 - 07/16
<ul style="list-style-type: none"> • Postdoctoral Fellowship in Clinical Psychology 	
Virginia Commonwealth University Medical Center	07/13 – 07/14
<ul style="list-style-type: none"> • Internship in Clinical Psychology 	
The University of Georgia	08/11 – 08/14
<ul style="list-style-type: none"> • Ph. D in Clinical Psychology • GPA 4.00 	
The University of Georgia	08/08 – 08/11
<ul style="list-style-type: none"> • Master of Science in Clinical Psychology 	
The College of William and Mary, Williamsburg, VA	08/04 – 05/08
<ul style="list-style-type: none"> • Bachelor of Arts degree in Psychology, Summa Cum Laude • GPA 3.92 (Overall), 3.95 (Major) 	
University of Wollongong, Study Abroad program; Wollongong, Australia	07/05-11/05

CLINICAL PSYCHOLOGIST LICENSURE AND CREDENTIALING

Tennessee Psychology Board, Licensed December 12, 2016. License number 3421.

Infant Mental Health Mentor (Category IV) IMH-E®

PROFESSIONAL ACTIVITIES AND SERVICE**Departmental Service**

Clinical Psychology Admissions Task Force
 Department of Psychology Diversity and Inclusion Committee Member
 Chair of Department of Psychology Awards Nomination Committee
 Graduate Student Awards Review Committee
 New Faculty Search Committee, 2017, 2018,

University Service

Institutional Review Board Member
 Strong BRAIN (Building Resilience through ACEs Informed Networking) BRAIN Institute Member
 Honors Thesis Mentor
 McNair Scholar Research Mentor
 Research Development Committee Grant Reviewer
 Appalachian Student Research Forum Judge

Community/State and Professional Service

Alliance for the Advancement of Infant Mental Health Research Subcommittee
 Appalachian Perinatal Mental Health Alliance Founding Board Member and President
 Postpartum Support International TN Board Member

Maternal Health Symposium Planning Committee 2018, 2019, 2020
 Regional Lead for the Association of Infant Mental Health in Tennessee (AIMHiTN)
 Co-Chair Planning Committee 2020 AIMHiTN Infant Mental Health Conference
 AIMHiTN Higher Education Task Force
 Ballad STRONG Starts Perinatal Intervention Working Group
 Ballad STRONG Starts Community Based Programming Working Group

Editorial Board

Journal of Child and Family Studies
Families, Systems, and Health

Ad-Hoc Reviewer

Child Psychiatry and Human Development
Developmental Psychology
Development and Psychopathology
Frontiers in Psychiatry
Infant and Child Development
Journal of Family Studies
Journal of Interpersonal Violence
Journal of Reproductive and Infant Psychology
Psychiatry Research
Social Development

HONORS AND AWARDS

Honors Societies

- Phi Beta Kappa
- Psi Chi Psychology Honors Society
- President of Psi Chi 2007-2008

Awards

2004-2008 Dean's List Honor Role, College of William & Mary
 2005 & 2006 Bionetics Summer Service Grant
 2006 James Monroe Scholar
 2008 Stanley B. Wilson Award for an Outstanding Student in Psychology
 2010 University of Georgia International Travel Funding Award
 2011 University of Georgia Domestic Travel Funding Award
 2012 University of Georgia Domestic Travel Funding Award
 2012 American Psychological Association Student Travel Award
 2012 Florene M. Young Award for Outstanding Clinical Service
 2012 University of Georgia Dissertation Completion Award
 2015 National Institutes of Health Loan Repayment Program
 2016 National Institutes of Health Child Intervention and Prevention Services (CHIPS) Fellowship
 2017 East Tennessee State University Presidential Grants in Aid Research Training Award
 2017 National Institutes of Health Loan Repayment Program, NICHD
 2019 East Tennessee State University College of Arts & Sciences New Faculty Award
 2019 2020 Moms Innovation Award: Community Solutions

Student Mentored Awards

2021 Horowitz Early Career Scholar Program (Julia Najm)
 2021 Appalachian Student Research Forum First Place Graduate Student-Masters, Health Measures and Outcomes category for her presentation on "Taking Care of the Caregivers (Megan Wolff)
 2021 Medical University of South Carolina Summer Research Fellowship (Anna Radford)
 2020 Roger Baily - Otto Zinser Outstanding Student in Psychology Award (Tatum Harvey)
 2020 Outstanding Thesis in Social Sciences award from the School of Graduate Studies (Robyn Dolson)
 2020 McNair Summer Research Fellowship (Zara Taylor)
 2020 Tiller Award in Psychology (Zara Taylor)
 19-20 McNair Academic Research Internship (Victoria Jones)

2019	Charles Koch Foundation Undergraduate Society Research Fellowship (Tatum Harvey)
2019	McNair Summer Research Fellowship (Victoria Jones)
18-19	McNair Academic Research Internship (Jessica Chambers)
2018	McNair Summer Research Fellowship (Jessica Chambers)

PUBLICATIONS

Peer-reviewed Publications (N = 32 total; N = 10 first authored publications)

*Indicates graduate student co-author

1. ***Morelen, D.**, Najm, J., Wolff, M., & Daniel, K., (In press). Taking Care of the Caregivers: Reflective Supervision Buffers the Impact of COVID-19 Stress on the Mental and Professional Well-being of the IECMH Workforce. *Infant Mental Health Journal*.
2. ***Morelen, D.**, Friday, K., Otwell-Dove, R., Paradis, N., Webster, A., Moser, M., & Peak, A. (2021). Our Way of Being: Infant and Early Childhood Mental Health Workforce Development in Tennessee. *Infant Mental Health Journal*.
3. **Morelen, D.**⁺, Muzik, M.⁺, Bocknek, E., Hamilton, L., Rosenblum, K. & Beeghly, M. (2017). Psychopathology and Parenting: An Examination of Perceived and Observed Parenting in Mothers with Depression and PTSD. *Journal of Anxiety Disorders*, 207, 242-250. ⁺co-first authors.
4. **Morelen, D.**, Menke, R., Beeghly, M., Rosenblum, K., & Muzik, M. (2016). Understanding Bidirectional Mother-Infant Affective Displays across Contexts: Effects of Maternal Maltreatment History and Postpartum Depression and PTSD Symptoms. *Psychopathology: Special Issue: Parental Bonding and Dyadic Interaction: Source of Mental Health and Risk of Psychopathology*, 49, 305-314.
5. **Morelen, D.**, Southam-Gerow, M., & Zeman, J. (2016). Links between Child Emotion Regulation and Victimization: The Moderating Role of Gender. *Journal of Child and Family Studies*, 25, 1941–1953.
6. **Morelen, D.**, Shaffer, A., & Suveg, C. (2016) Maternal emotion regulation: Links to emotion parenting and child emotion regulation. *Journal of Family Issues*, 37, 1891-1916.
7. **Morelen, D.**, Jacob, M. L., Suveg, C., Jones, A., & Thomassin, K. (2013). Family emotion expressivity, emotion regulation, and the link to psychopathology: Examination across race. *British Journal of Psychology*, 104, 149 – 166.
8. **Morelen, D.**, & Thomassin, K. (2013). Emotion socialization and ethnicity: An examination of practices and outcomes in African American, Asian American, and Latin American families. *Yale Journal of Biology and Medicine*, 86, 168-178.
9. **Morelen, D.**, & Suveg, C. (2012). A real-time analysis of parent-child emotion discussions: The interaction is reciprocal. *Journal of Family Psychology*, 26, 998-1003.
10. **Morelen, D.**, Zeman, J., Perry-Parrish, C., & Anderson, E. (2012). Children’s emotion regulation across and within nations: A comparison of Ghanaian, Kenyan, and American youth. *British Journal of Developmental Psychology*, 30, 415-431.
11. **Morelen, D.**, & Shaffer, A. (2012). Understanding clinical, legal, and ethical issues in emotional maltreatment. *Journal of Aggression, Maltreatment, and Trauma*, 21, 188-201.
12. * Ip, K, McCrohan, M., Rosenblum, K., Muzik, M, & **Morelen, D.** (July, 2021). Maternal emotion regulation mediated the link between maternal depression and young children’s internalizing problems: The role of access to emotion regulation strategies. *Journal of Child and Family Studies*.
13. *Dolson, R. A., **Morelen, D.**, Dodd, J., Clements, A. (July, 2021). Pocket ace: Neglect of childhood sexual abuse survivors with the ACEs Study Questionnaire. *Child Abuse and Neglect*, 117, 1-10.
14. Peak, A., Kronenberg, M., **Morelen, D.**, Norona, C. R., Frankel, K., & Webster, A. (2021). Being with...By Zoom?: Tennessee’s Story of Continuing IECMH Workforce Support and Development in the Time of COVID-19. *ZERO TO THREE*, 41, 58-66.
15. Ho, S., Muzik, M., Rosenblum, K. **Morelen, D.**, Nakamura, Y., & Swain, J. (December, 2020). Potential Neural Mediators of Mom Power Parenting Intervention Effects on Maternal Intersubjectivity and Stress Resilience. *Frontiers in Psychiatry*, 11, 1-25.
16. Polaha, J., Schetzina, K., Baker, M. K., & **Morelen, D.** (2018). Adoption and Reach of Parent Management Interventions in Primary Care. *Families, Systems, and Health*, 36, 507-512.
17. Davis, M., West, K., Bilms, J., **Morelen, D.**, & Suveg, C. (2018). A Systematic Review of Parent-Child Synchrony: It’s More Than Skin Deep. *Developmental Psychobiology*, 60, 674-691.
18. McGinnis, E., McGinnis, R., Hruschak, J., Bilek, E., Ip, K., **Morelen, D.**, Lawler, J., Fitzgerald, K., Rosenblum, K., Muzik, M. (2018). Wearable Sensors Outperform Behavioral Coding as Valid Marker of Childhood Anxiety and Depression. *PlosOne*.
19. *Shaffer, A., Davis, M., Whitehead, M., **Morelen, D.**, & Suveg, C. (2018). Multi-method assessment of maternal emotion regulation and relations to parenting and child outcomes: a model-based cluster analysis. *Family Process*, 57, 707-718.
20. Suveg, C., Jones, A., Davis, M. Jacob, M.L., **Morelen, D.**, Thomassin, K., & Whitehead, M. (2018). Emotion-focused Cognitive-Behavioral Therapy for Youth with Anxiety Disorders: A Randomized Controlled Trial. *Journal of Abnormal*

Child Psychology, 46, 569-580.

21. Rosenblum, K., Muzik, M., **Morelen, D.**, Alfafara, E., Miller, N., Waddell, R., Schuster, M., & Ribaud, J. A. (2017). Community-based Randomized Controlled Trial of Mom Power Parenting Intervention for Mothers with Interpersonal Trauma Histories and their Young Children. *Archives of Women's Mental Health*, 20, 673-686.
22. Menke, R. A., **Morelen, D.**, Simon, V. A., Rosenblum, K., & Muzik, M. (2018). The longitudinal relationships between shame, maltreatment characteristics, depression, and posttraumatic stress during the postpartum period in women with childhood maltreatment histories. *Child Maltreatment*, 23, 44-53.
23. Swain, J., Ho, S., Rosenblum, K., **Morelen, D.**, Dayton, C., & Muzik, M. (2017). Parent-Child Intervention Decreases Stress and Increases Maternal Brain Activity and Connectivity During to Own Baby-Cry: An Exploratory Study. *Development and Psychopathology* 29, 535-553.
24. Swain, J., Caluser, I., Mahmood, Z, Meldrim, M. & **Morelen, D.** (2016). Action-Based Synthesis of Parental Brain Consciousness. [Peer commentary on "Homing in on Consciousness in the Nervous System: An Action-Based Synthesis" by E. Morsella et al.]. *Behavioral and Brain Science*, 39.
25. Muzik, M., McGinnis, E.W., Bocknek, E., **Morelen, D.**, Rosenblum, K., Liberzon, I., Seng, J., Abelson, J. (2016). PTSD Symptoms Across Pregnancy and Early Postpartum in Women with a lifetime PTSD Diagnosis. *Depression and Anxiety*.
26. McGinnis, E., Lopez-Duran, N., **Morelen, D.**, Rosenblum, K., & Muzik, M. (2015). Blunted cortisol response to the TSST in children under 8 with internalizing disorders. *Psychoneuroendocrinology*, 61, 40.
27. McCullough, C., Han, R., **Morelen, D.**, & Shaffer, A. (2015). The moderating effects of maternal age at childbirth and emotion dysregulation on the intergenerational continuity of emotionally maltreating parenting behaviors. *Journal of Family Issues*.
28. Suveg, C., Raley, J. N., **Morelen, D.**, Wang, W., Han, R. Z., & Campion, S. (2013). Child and family emotional functioning: A cross-national examination of families from China and the United States. *Journal of Child And Family Studies*.
29. Harding, H., **Morelen, D.**, Thomassin, K., Bradbury, L., & Shaffer, A. (2013). Exposure to maternal and paternal perpetrated intimate partner violence, emotion regulation, and child outcomes. *Journal of Family Violence*, 28, 63-72.
30. Jacob, M. L., **Morelen, D.**, Whiteside, S. P., Jacobsen, A., & Suveg, C. (2012). Emotional, behavioral, and cognitive factors that differentiate obsessive-compulsive disorder and other anxiety disorders in youth. *Anxiety, Stress, and Coping*, 25, 229 – 237.
31. Thomassin, K., **Morelen, D.**, & Suveg, C. (2012). Emotion reporting using electronic diaries reduces anxiety symptoms in girls with emotion dysregulation. *Journal of Contemporary Psychotherapy*, 42, 207-213.
32. Suveg, C., Shaffer, A., **Morelen, D.**, & Thomassin, K. (2011). Links between maternal and child psychopathology symptoms: Mediation through child emotion regulation and moderation through maternal behavior. *Child Psychiatry And Human Development*, 42, 507-520.
33. Suveg, C., **Morelen, D.**, Brewer, G., & Thomassin, K. (2010). The emotion dysregulation model of Anxiety: A preliminary path analytic examination. *Journal of Anxiety Disorders*, 24, 924-930.

Under Review

1. Tian X, You L, Gong S, **Morelen D**, Hou X, Wang L. (Under review). Human's evaluation mechanism informing personal decision making for preventive behaviors to mitigate COVID-19 pandemic. Submitted to *Nature Human Behavior*.
2. Wang, L., **Morelen, D.**, & Arsham, A. (R&R). Association between key family and individual factors and the risk of obesity in offspring: results from a prospective cohort study of mother-child pairs in the United States. *European Journal of Nutrition*.

Book Chapters

1. Clements, A. D., Brown, L. L., Steckel, S., Quinn, M., van Zyl, M. A., & **Morelen, D.** (In press). Measuring Trauma Resilience in Higher Education Settings. In P. A. Thompson & J. Carello (Eds.), *Trauma-Informed Pedagogies: A Guide for Responding to Crisis and Inequality in Higher Education*.
2. Erickson, N.L., **Morelen, D.**, & Muzik, M. (In press). Trauma, Stress & Post-Traumatic Stress Disorder (PTSD) in the Perinatal Period. In M C. Pariante, A. Bramante, & V. Brenna (Eds.), *Topics in perinatal mental health*. Springer Nature.
3. **Morelen, D.**, Muzik, M., & Rosenblum, K. (2018). Childhood Maltreatment and Motherhood: Implications for Maternal Well-Being and Mothering. In M. Muzik & K.L. Rosenblum (eds.), *Motherhood in the Face of Trauma: Pathways of Healing and Growth*. NY: Springer.
4. **Morelen, D.** (2017). Children's Depression Inventory-2. In V. Zeigler-Hill & T. K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*. NY: Springer.

5. Suveg, C., Thomassin, K., & **Morelen, D.** (2016). Self-monitoring strategies for youth with internalizing symptoms. In D. W. Nangle, D. J. Hansen, R. L. Grover, J. N. Kingery, & C. Suveg (Eds.), *Treating Internalizing Disorders in Children and Adolescents: Core Techniques and Strategies*. NY: Guilford Press.
6. Jacob, M. L., Thomassin, K., **Morelen, D.**, & Suveg, C. (2011). Emotion regulation in youth with anxiety disorders. In D. McKay and E.A. Storch (Eds.), *Handbook of anxiety disorders in children and adolescents*. NY: Springer.

Selected Conference Paper Presentations (*indicates student mentored projects;)

1. **Morelen, D.** Dixon, W., Clements, A., Quinn, M., Dodd, J., Moser, M., & Roane, D. (2022). Culture of Resilience in the Pandemic and Beyond. Breakout session to be presented at the Academic Resilience Consortium, Tallahassee, FL.
2. Wang, L., **Morelen, D.**, & Arsham, A. (2022). Association Between Key Family And Individual Factors And The Risk Of Obesity In Offspring: Findings From A Prospective Cohort Study. Oral presentation to be presented at the American Heart Association Epidemiology and Prevention Lifestyle 2022 Scientific Sessions. Chicago, IL.
3. **Morelen, D.** Erickson, N. L., Clingensmith, R., Muzik, M., & Rosenblum, K. (2021). Mom Power: Trauma-informed, diversity-informed, and perinatal-informed evidence-based intervention. Breakout session presented at the Annual Postpartum Support International Conference, Virtual.
4. **Morelen, D.**, Wood, J., & Green, A. (2021). *Perinatal Mental Illness*. Breakout session presented at the Annual Our Way of Being Infant Mental Health Conference hosted by the Association of Infant Mental Health in Tennessee, Virtual.
5. *Wolff, M., Daniel, K., Najm, J., & **Morelen, D.** (2021). *Taking Care of the Caregivers*. Presented for 2021. Appalachian Student Research Forum, Johnson City, TN.
6. *Poole, C., Wolff, M., & **Morelen, D.** (2021). Maternal self-care beliefs and behaviors in relation to emotion regulation difficulties and coping skills. Oral presentation at the ETSU Boland Undergraduate Research Symposium, Johnson City, TN, United States.
7. *Sexton, A., **Morelen, D.**, Daniel, K. (2021). Psychological distress in the Infant and Early Childhood Mental Health (IECMH) workforce during the COVID-19 pandemic: An examination of risk and protective factors Oral presentation at the ETSU Boland Undergraduate Research Symposium, Johnson City, TN, United States.
8. **Morelen, D.** (2021). Taking Care of the Caregivers: Evidence-based strategies to reduce burnout and promote well-being. ETSU Center of Excellence Early Childhood Conference. Virtual. April, 2021
9. Erickson, N.L., **Morelen, D.**, Rosenblum, K.L., Ribaud, J., & Muzik, M. (2020, October). Results from a community-wide implementation of Mom Power—an attachment-based, trauma-informed, cross-diagnostic multifamily parenting and mental health intervention—in urban and rural settings. In Y. Nillni (Chair), *Trauma, PTSD and perinatal health: From identification of biomarkers to intervention*. Symposium conducted at the Biennial Meeting of the International Marcé Society for Perinatal Mental Health, Virtual Conference.
10. **Morelen, D.**, & Muzik, M. (2020). *Infant Mental Health and Perinatal Mental Health in the time of COVID*. Presented as a sneak peek for the Association of Infant Mental Health in Tennessee's 2nd annual Our Way of Being Infant Mental Health Conference, Virtual Conference.
11. **Morelen, D.** (2019). *Mom Power: Research and Practice*. Presented at the Harmony Family Center Neurosequential Model Conference, Knoxville, TN.
12. **Morelen, D.**, Clingensmith, R., & Dove-Otwell, R. (2019). *Implementation and Effectiveness of Mom Power in the Appalachian Region of Tennessee: Neonatal Abstinence Syndrome, Trauma, and Resilience*. Presented at Marce of North American Biennial Conference on Perinatal Mental Health, Chapel Hill, NC.
13. *Dolson, R. A., **Morelen, D.**, Dodd, J., Clements, A. (2019). *Pocket ace: Neglect of childhood sexual abuse survivors with the ACEs Study Questionnaire*. Paper presentation at the Appalachian Student Research Forum, Johnson City, TN.
14. *Najm, J., Morelen, D., (April, 2019). *Adverse Childhood Experiences, Emotion Socialization, and Substance Use: A moderator model*. Paper presentation at Appalachian Student Research Forum. Johnson City, TN
15. *Heineken, K., **Morelen, D.**, & Clingensmith, R. (2019). *Mindfulness and Religiosity/Spirituality as Protecting Factors for Internalizing Symptoms Associated with Adverse Childhood Experiences: A Moderated Moderation Model*. Paper presented at East Tennessee State University's Boland Symposium, Johnson City, TN.
16. ***Morelen, D.**, Dolson, R., Rosenblum, K., & Muzik, M. (2018). *Mom Power: Changing Relationships through Community-based Parenting Intervention*. Paper presented at Zero to Three, Denver, CO.
17. *Chambers, J., & **Morelen, D.** (2018). Internalizing symptoms associated with emotional abuse: An examination of religious social support as a moderating variable. Paper presented at East Tennessee State University's Boland Symposium, Johnson City, TN.

18. *Otwell, R., & **Morelen, D.** (2018). *Mom Power: Replanting the seed*. Paper presented at the Appalachian Student Research Forum, East Tennessee State University, Johnson City, TN
19. *Clingsmith, R. M., & **Morelen, D.** (2018). *Link Between Parenting Style and Offspring Empathy as Mediated by a Relationship of Familial Emotional Climate and Emotional Regulation*. Paper presented at the Appalachian Student Research Forum, East Tennessee State University, Johnson City, TN.
20. Swain, J. Ho, S., Rosenblum, K., **Morelen, D.**, Dayton, C., & Muzik, M. (2017). *Parent-Child Intervention Decreases Stress and Increases Maternal Brain Activity and Connectivity in Response to Own Baby-Cry*. Paper presented at the Society for Research in Child Development, Austin, TX.
21. **Morelen, D.**, Ho, S., Rosenblum, K., Swain, J., Muzik, M. (2016). *Parenting Intervention changes Neural Activity related to Empathy for Mothers with Psychopathology and Interpersonal Trauma History*. Paper presented at the American Academy of Child and Adolescent Psychiatry, San Antonio, TX.
22. **Morelen, D.**, Ho, S., Rosenblum, K., Swain, J., Muzik, M. (2015). *Parenting Intervention for Mothers with High vs. Low Psychological Risk affects Neural Activity during an Own Child Face Empathy Task*. Paper presented at Biological Psychiatry, Toronto, Canada.
23. **Morelen, D.**, Thomassin, K., Jacob, M. L., & Suveg, C. (2011). *Emotion socialization is a two-way street: Bidirectional influences of emotion parenting and child emotion regulation*. Paper presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
24. Thomassin, K., **Morelen, D.**, Suveg, C. (2011). *Reciprocal affect in parent-child interactions: Implications for children's emotional competence*. Paper presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
25. Bradbury, L., **Morelen, D.**, Thomassin, K., & Shaffer, A. (2011). *Observed childhood emotional maltreatment and childhood depression: The role of emotion regulation*. Paper presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
26. Suveg, C., Jacob, M., Thomassin, K., **Morelen, D.**, and Jones, A. (2010). *Emotion-focused cognitive-behavioral therapy for anxious youth*. In C. Suveg (Chair), *Emotion and psychopathology: Conceptual foundations and clinical applications*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
27. **Morelen, D.**, Suveg, C., Thomassin, K., & Jacob, M. L. (2009). *Emotion regulation as a mediator of the relation between fathers' punitive reactions and externalizing problems in youth*. In L. Halpern and J. Fox (Chairs), *Emotion regulation: A mediator of youth's vulnerability to emotional and behavioral problems*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies Conference in New York City, NY.

Conference Poster Presentations (*indicates student mentored projects)

1. *Wolff, M., Daniel, K., Najm, J., Radford, A., & **Morelen, D.** (2022, April). *Taking care of the caregivers: The impact of COVID-19 on the well-being of the IECMH workforce and the role of self-care*. To be presented at the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Baltimore, MD.
2. *Daniel, K., Boyer, T., & **Morelen, D.** (2022, April). *Impact of ACEs and trauma on receptivity to trauma-informed training* [poster presentation]. 68th Annual Meeting of the Southeastern Psychological Association, Hilton Head Island, SC.
3. Peak, A., **Morelen, D.**, Kronenberg, M., Webster, A., Surrence, E. (2021). *"The Little Engine that Could" Tennessee Efforts to Build Workforce Capacity*. Presented at the World Association of Infant Mental Health 17th Annual World Conference.
4. *Simpson, T.A., Dixon, W. E., Robertson, C. L., **Morelen, D. M.**, & Waltz, O. M. (2021) *Early Childhood Temperament as a Predictor of Caregiver Emotion Regulation Difficulties*. Presented at Society for the Research in Child Development Virtual Biennial Meeting.
5. * Sexton, A., Jones, V., Dolson, R., & **Morelen, D.** (2020). *The effects of perceived religious support in childhood on internalizing symptoms in early adulthood*. Appalachian Student Research Forum Digital Commons.
6. *Otwell-Dove, R., Clingsmith, R. M., Jones, V., & **Morelen, D.** (2019). *Mom Power: Fostering new growth in Appalachian Tennessee*. Poster presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Convention, Atlanta, GA.
7. *Tatro, K.L., Clingsmith, R.M., & **Morelen, D.** (2019). *Quality of Life as a Protective Factor Against Substance Misuse Among Adults with a History of Adverse Childhood Experiences (ACEs)*. Poster presented at the Appalachian Student Research Forum, East Tennessee State University, Johnson City, TN.
8. *Heineken, K., **Morelen, D.**, & Clingsmith, R. (2019). *Mindfulness and Religiosity/Spirituality as Protecting Factors for Internalizing Symptoms Associated with Adverse Childhood Experiences: A*

- Moderated Moderation Model*. Poster presented at East Tennessee State University's Appalachian Student Research Forum, Johnson City, TN.
9. *Clingensmith, R., & **Morelen, D.** (2019). *We all need somebody to lean on: Social support as a protective factor for individuals with childhood adversity*. Poster to be presented at the Appalachian Student Research Forum, East Tennessee State University, Johnson City, TN.
 10. *Chambers, J. M., & **Morelen, D.** (2019). *Internalizing symptoms associated with emotional abuse: The role of race and religious social support*. Poster accepted to be presented at the American Psychological Association Annual Conference, Chicago, IL.
 11. *Caselman, G., Dodd, J., **Morelen, D.** (2018). *ACEs' effects on subjective health and the mediating role of emotion regulation difficulties*. Poster presented at the annual meeting for International Society for Traumatic Stress Studies, Washington, DC.
 12. Dodd, J., Caselman, G., **Morelen, D.** (2018). *Sexual trauma stigma and physical health outcomes: The mediating role of emotion regulation difficulties*. Poster presented at the annual meeting for International Society for Traumatic Stress Studies, Washington, DC.
 13. **Morelen, D.**, Otwell, R., Dolson, R., Clingensmith, R., Rosenblum, K., & Muzik, M. (2018). Implementation of a Trauma Informed Parenting Intervention to Promote Maternal Mental Health and Reduce Child Risk. Poster presented at the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Washington, DC.
 14. *Chambers, J. M., & **Morelen, D.** (2018). Internalizing symptoms associated with emotional abuse: An examination of religious social support as a moderating variable. Poster presented at East Tennessee State University's Appalachian Student Research Forum, Johnson City, TN
 15. **Morelen, D.**, Menke, R., Rosenblum, K., Beeghly, M., & Muzik, M. (2017). *Bidirectional Mother-Infant Affective Displays across Contexts of Risk*. Presented poster for the Society for Research in Child Development, Austin, TX.
 16. Whitehead, M., Shaffer, A., Davis, M., **Morelen, D.**, & Suveg, C. (2017). *A Model-Based Cluster Analysis of Maternal Emotion Regulation and Relations to Parenting Behavior*. Presented poster for the Society for Research in Child Development, Austin, TX
 17. *Rosenbaum, K.; McGinnis, E.; **Morelen, M.**; Muzik, M.; Fitzgerald, K.; & Rosenblum, K. (2016). The Role of Maternal Risk Factors on Subjective and Objective Child Outcomes. Poster presented at Silverman Conference, Department of Psychiatry, University of Michigan; Ann Arbor, MI.
 18. *Smith, A.; McGinnis, E.; **Morelen, M.**; Muzik, M.; Fitzgerald, K.; & Rosenblum, K. (May, 2016). Maternal Representations and Observed Child Affect in Mothers with Depressive and/or PTSD Symptomology. Poster presented at Silverman Conference, Department of Psychiatry, University of Michigan; Ann Arbor, MI.
 19. *Stringer, M.; McGinnis, E.; **Morelen, D.**; Hruschak, J.; Muzik, M.; Fitzgerald, K.; & Rosenblum, K. (May, 2016). Influences of Stressor Type on Observed Child Behaviors. Poster presented at Silverman Conference, Department of Psychiatry, University of Michigan; Ann Arbor, MI.
 20. * Miller, A., May, A., McGinnis, E., Morelen, D., Hruschak, J., Muzik, M., Rosenblum, K., & Fitzgerald, K. (May, 2016). *Examining the Role of Maternal Psychopathology in Child Objective and Subjective Symptomatology*. Poster to be presented at the 28th American Psychological Science, Chicago, IL.
 21. *May, A., Miller, A., McGinnis, E., **Morelen, D.**, Hruschack, J. Muzik, M., Rosenblum, K., Fitzgerald, K.. (May, 2016). *Fear and anxiety as separate constructs in childhood internalizing problems*. 28th American Psychological Science, Chicago, IL
 22. *Bourdo, H., McGinnis, E., Miller, A., May, A., **Morelen, D.** Fitzgerald, K., Rosenblum, K., & Muzik, M. (2016, May). Fear Behavior in Preschool Boys, but not Girls, Correlated to Maternal Perception of Child Anxiety. Poster to be presented at the American Psychological Association (APS), Chicago, IL.
 23. **Morelen, D.**, Southam-Gerow, M., & Zeman, J. (2014). *Links between emotion regulation, bullying, and victimization: Moderating role of gender*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 24. **Morelen, D.**, Davis, M., Suveg, C., & Shaffer, A. (2013). *Psychometric properties of the Coping with Children's Negative Emotions Scale revisited through the lens of diversity*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
 25. Davis, M., **Morelen, D.**, Suveg, C., & Shaffer, A. (2013). *Mom is stressed, but I'm smiling: Child positive affect as a protective factor in the relationship between mothers' parenting stress and child emotion regulation*. Poster accepted to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
 26. **Morelen, D.**, Shaffer, A., Suveg, C., & Meller, S. (2012). *Emotion parenting intervention and maternal emotion regulation: Implications for emotion parenting behavior and child emotion regulation*. Poster

presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD

27. **Morelen, D.**, Bradbury, L., Thomassin, K., Shaffer, A., & Suveg, C. (2012). *Maternal emotion regulation, emotion parenting behavior, and child emotion regulation: A multi-method study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
28. **Morelen, D.**, Jacob, M., Suveg, C., Jones, A., & Thomassin, K. (2012) *Family emotion expressivity, emotion regulation, and the link to psychopathology: Examination across race*. Poster presented at the annual convention of the American Psychological Association, Orlando, FL.
29. **Morelen, D.**, Bradbury, L., Shaffer, A., Harding, H., Baggett, E. (2011). *Explaining the link between children's exposure to domestic violence and psychological problems: An emotion regulation framework*. Poster presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
30. Zeman, J., **Morelen, D.**, & Anderson, E. (2011). *Ghanaian maternal emotion socialization behavior: Links to depressive and aggressive behaviors in youth*. Poster presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
31. **Morelen, D.**, Jacob, M. L., Jones, A., Thomassin, K., Suveg, C., & Zuckerman, K. (2010). *Parents, teachers, or children: Whose report matters most when predicting impairment in youth with GAD?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA
32. Harding, H.G., **Morelen, D.**, Thomassin, K., & Shaffer, A. (2010). *A comparison of parent and child report of exposure to intimate partner violence and its relation to child outcomes*. Poster presented at the 2010 ABCT Conference.
33. **Morelen, D.**, Jacob, M. L., Thomassin, K., Jones, A. & Suveg, C. (2009). *Emotion regulation as a moderator of the link between maternal, paternal, and child internalizing symptoms: Does parent gender matter?* Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies Conference in New York City, New York.
34. **Morelen, D.**, & Zeman, J. (2008). *Anger and sadness regulation in the youth of Ghana*. Poster presentation at the annual convention of the American Psychological Association, Boston, MA.
35. **Morelen, D.**, Zeman, J., & Perry-Parrish, C. (2007). *A cultural comparison of children's emotion regulation: Ghana and the United States*. Presented at the annual convention of the American Psychological Association, San Francisco, CA.

Invited Talks and Trainings (n = 55)

- Morelen, D. *Mom Power: A Parenting Intervention to Improve Mental Health and Parenting among High-Risk Mothers with Young Children*.
 1. East Tennessee State University Center of Excellence for Children in State Custody Pediatric Psychiatric Collaborative monthly meeting. Johnson City, TN. October 2016.
 2. Association for Infant Mental Health in Tennessee (AIMHiTN) quarterly meeting. Nashville, TN. December, 2016
 3. Intermountain Psychological Association (IMPA) monthly meeting. Johnson City, TN. March 2017.
 4. Improving Outcomes for Vulnerable Infants & Toddlers: Evidence-Based Interventions Conference. Johnson City, TN. June 2017.
 5. Building Blocks Infant Mental Health Conference hosted by Tennessee Association of Mental Health Organizations (TAMHO). Franklin, TN. August 2017.
 6. Kingsport Community Action Board monthly meeting. Kingsport, TN. August, 2017.
 7. Trauma Informed Systems of Care Collaborative monthly meeting. Johnson City, TN. August 2017.
 8. Johnson City Crime Prevention monthly meeting. Johnson City, TN. August 2017.
 9. Northeast TN Council for Children and Youth (TCCY) "Aftermath: From Birth to Worth, a look at the regions challenges with Neonatal Abstinence Syndrome and Substance Abuse." Gray, TN. September 2017.
 10. ETSU Psychiatry Grand Rounds. Johnson City, TN. September 2017.
 11. ETSU Maternal Child Health Research Consortium. Johnson City, TN. November 2017.
 12. Tennessee Association of Drug Court Professionals. Nashville, TN. December 2017.
 13. Mountain Home VA Grand Rounds. Johnson City, TN, March 2018.
 14. ETSU Women's Study Department. Women on Wednesdays, April 2018.
- Morelen, D. *Foundations of Infant Mental Health*.
 1. Association for Infant Mental Health in Tennessee (AIMHiTN) Infant Mental Health Launch Event. Knoxville, TN. September, 2017.
 2. ETSU Maternal Child Health Research Consortium. Johnson City, TN. February, 2018.

3. Johnson County Health Department (Baby Court Initiative). Mountain City, TN, September 2018.
 4. Department of Health Mother Infant Early Childhood Home visiting (MIECHV) Training. June, 2018.
 5. Department of Health and Human Services Child Care Resource & Referral Network Training. Nashville, TN. June, 2019.
 6. Department of Health and Human Services Child Care Resource & Referral Network Training. Virtual. June, 2020.
 7. ETSU Center of Excellence for Early Childhood Education. Virtual. January 2021.
 8. Ballard Community Health Workers. Johnson City, TN. June 2021.
- Morelen, D. *Empowered Parents Empower Children*.
 1. Sullivan County Department of Health Teaching Teens Outstanding Parenting Skills. Blountville, TN. March 2018.
 - Morelen, D. *Relational Health Assessment and Interventions in Integrated Community-based Settings*
 1. Frontier Mental Health, Association for Infant Mental Health in Tennessee, and East Tennessee State University Center of Excellence for Children in State Custody. Assessment in Infant Mental Health: What to Look for in Relationships. Johnson City, TN. September 2018.
 2. ETSU Center of Excellence for Children in State Custody Pediatric Psychiatric Collaborative monthly meeting. Johnson City, TN. October 2018.
 3. Quillen College of Medicine 23rd Annual Louis A. Cancellaro Primary Care Conference. Johnson City, TN. March 2019.
 - Morelen, D. *Perinatal Mental Health*.
 1. ETSU OBGYN Grant Rounds. Johnson City, TN, April, 2019
 2. ETSU Maternal Child Health Research Consortium. Johnson City, TN, April, 2019
 3. East Tennessee State University Center of Excellence for Children in State Custody Pediatric Psychiatric Collaborative monthly meeting. Johnson City, TN, October 2019
 4. Cherished Moms Webinar Series Parenting in the time of COVID. [Virtual](#). April, 2020.
 5. ETSU Psychiatry Grand Rounds, Johnson City, TN, October 2019.
 - Morelen, D. Self-Care in the time of COVID
 1. Cherished Moms Webinar Series Parenting in the time of COVID. [Virtual](#). April, 2020.
 2. AIMHiTN Professional Development Webinar Series. Virtual. April, 2020.
 3. Street Medicine Interprofessional Elective Quillen College of Medicine. Virtual. June, 2020.
 4. Tennessee Early Childhood Training Alliance. Virtual. August, 2020.
 5. ETSU Alumni Association. Virtual. October, 2020.
 6. ETSU Little Bucs Childcare Program. Virtual. October, 2020.
 7. Ballard Community Health Workers. Johnson City, TN. June 2021.
 8. Scott County Public Schools Head Start. Virtual. August, 2021.
 - Morelen, D. & Otwell-Dove, R. Specific Maternal Mental Health Concerns in the NICU Mom.
 1. Maternal Health Forum. (Virtual). August, 2020.
 - Morelen, D. Taking Care of the Caregiver in the Time of COVID: Science and Practice of Self-Care for Parents and Providers.
 1. Child and Family Health Institute. [Virtual](#). December, 2020.
 2. Child Care Resource and Referral Network. Virtual. February, 2021.
 - Morelen, D., & Peak, A. Facilitating Attuned Interactions (FAN) 3 Day Evidence-Based Training
 1. January 2021-July 2021 Safe Baby Court Teams across TN (Cohort 1, 30 trained)
 2. July 2021-current Safe Baby Court Teams across TN (Cohort 1, 28 trained)
 3. August 2021-current Tennessee First Five Training Initiative (Community Mental Health providers across TN, 30 trained).
 - Morelen, D. Culture of Resilience
 1. Bill Gatton College of Pharmacy. (Virtual). August, 2020.
 - Morelen, D., and other members of the ETSU Ballard Health Strong BRAIN Institute. Town Halls on Resilience
 1. ETSU Faculty and Staff. (Virtual). November, 2020.
 2. ETSU Faculty and Staff. (Virtual). January, 2021.
 3. ETSU Faculty and Staff. (Virtual). June, 2021.
 - Glover, K., Hamilton, L., Fulkerson, J., & **Morelen, D.** “We Hear You” series of facilitated conversations
 1. ETSU Faculty and Staff. (Virtual). September, 2020.
 2. ETSU Faculty and Staff. (Virtual). October, 2020.
 3. ETSU Faculty and Staff. (Virtual). November, 2020.
 - Morelen, D. Reflective Leadership and Teaching

1. Council of Graduate Department Chairs in Psychology. (Virtual). February, 2021.
 2. Council of Academic Chairs at ETSU. (Virtual). August, 2021.
- Morelen, D. The personal and professional side of perinatal mental health: My own story of motherhood.
 1. [Podcast recorded for Here and Now Motherhood](#). January, 2021.

RESEARCH SUPPORT

Ongoing Research Support

Title: Training for Resilience: Mitigating Adverse Childhood Experiences in Higher Education

Summary: The goal of this project is to empirically investigate whether we can create organizational and cultural changes to mitigate the effects of Adverse Childhood Experiences (ACEs) through the implementation of trauma informed practice (TIP) trainings within an academic unit from top down (admin, faculty staff) and bottom up (students). Specific questions include: Does TIP training work in changing knowledge and behavior in the short term and does implementation coaching help maintain these changes across time?" Additionally, "What is the incidence of ACE's among students in the College of Pharmacy?" and "Does TIP training have a measurable effect on student success?"

Funding Mechanism: ETSU Research Development Committee Interdisciplinary Grant

Role: Principle Investigator

Title: Reflective Supervision and Consultation in the Infant and Early Childhood Mental Health Workforce

Summary: This project aims to systematically evaluate an ongoing implementation project being conducted by the Association of Infant Mental Health in TN (AIMHiTN) and Allied Behavioral Health Solutions to evaluate 1) outcomes of reflective supervision/consultation (RSC) training and implementation, 2) increase in reported clinical knowledge, and 3) an increase in use of services for children 0-60 months based upon an increase in available providers.

Funding Mechanism: TN Department of Health and Human Services

Role: Principle Investigator

Title: Reflective Consultation in Early Intervention

Summary: This study aims to evaluate the effectiveness/impact of reflective consultation (RC) on the delivery of early intervention/developmental therapy. The intent is to design and implement a study that would compare early interventionists who receive RC and Infant Mental Health specific professional development with similarly matched early interventionists in the region who are not getting this treatment. Specific areas of comparison include a) professional well-being (e.g. burnout, secondary traumatic stress, job satisfaction), b) knowledge in relationship-based practice and core IMH principles, and c) the ability to engage in trauma-informed, culturally sensitive reflective practice with families (assessed through coded provider interviews).

Funding Mechanism: Center of Excellence for Early Childhood Education

Role: Co-PI, with Dr. Kim Hale

Title: Taking care of the caregivers: Resilience in the IECMH Workforce in the time of COVID

Summary: This study seeks to understand how the infant and early childhood mental health (IECMH) workforce in TN has been impacted by COVID-19 and what personal and occupational factors predict risk and resilience in the workforce. This study also seeks to understand whether a brief guided self-care activity is effective at lowering acute stress and promoting ongoing positive changes in relevant outcomes (e.g., stress, beliefs about self-care, self-compassion).

Funding Mechanism: NA

Role: Principle Investigator

Title: A Transdiagnostic Approach to Understanding Intergenerational Transmission of Risk of Internalizing Symptoms (2 Gen)*

Summary: The goal of this study is to determine how multimodal markers of emotion regulation (e.g., heart rate variability, cortisol reactivity, skin conductance, observed emotional reactivity) interact to predict internalizing symptoms in mothers and their children and to test maternal emotion regulation as one mechanism through which maternal symptoms may lead to child symptoms.

Funding Mechanism: ETSU Research Development Committee Major Grant

Role: Principal Investigator

*Data collection paused due to COVID-19

Title: Mom Power Implementation Study

Summary: The broad aim of the present study is to determine feasibility of training community-based providers in Mom Power, an evidence-based attachment-based parenting and self-care skills group designed for high-risk mothers and their young children, in a diverse sample of underserved rural families in TN through partnerships with community agencies. This project will evaluate outcomes related to training providers as well as provider and agency factors that predict uptake and implementation efforts.

Funding Mechanism: Start-up funds. ETSU Research Development Committee Major Grant.

Role: Principal Investigator

Title: Trauma Informed Parenting Intervention to Promote Maternal Mental Health and Reduce Child Risk (Mom Power Effectiveness Study)

Summary: The broad aim of the present study is to investigate the effectiveness of Mom Power, an evidence-based attachment-based parenting and self-care skills group designed for high-risk mothers and their young children, in a diverse sample of underserved rural families in TN through partnerships with community agencies. This project will evaluate pre/post changes in families involved in the Mom Power intervention.

Funding Mechanism: Start-up funds. ETSU Research Development Committee Major Grant

Role: Principal Investigator

Title: Child Adverse Childhood Experiences, Temperament and Health (CATCH) Project

Summary: The purpose of this study is to examine the association between childhood adverse childhood experiences (ACEs), temperament, and social-emotional well-being in different developmental periods across childhood.

Secondary aims include examining maternal ACEs, emotion regulation, and parenting behaviors and their relationships with child outcomes.

Role: Co-Investigator

PI: W. Dixon, PhD

Title: Family Dynamics, Child Characteristics, Child-rearing Features, and Obesity Risk: A 15-year Longitudinal Study from Birth to Adolescence

Summary: The purpose of this study is to assess the longitudinal interplay of key family and individual level risk factors on predicting the development of obesity from childhood through adolescence.

Funding Mechanism: NICHD R03

Role: Co-Investigator

PI: L. Wang, PhD

Title: Perceptions of Resilience-Informed Education in Postsecondary Instructors

Summary: The first aim is to explore the effect of postsecondary instructors' disciplinary specialization (i.e., person-thing orientation) on their receptivity to compassionate teaching practices. The second aim is to implement a brief (i.e., one hour, single session), asynchronous intervention to inform instructors about ACEs, subsequent effects on learning, and evidence-based, trauma-informed teaching practices.

Role: Trainer and co-investigator

PI: C. Robertson, PhD

Graduate Research Projects under my Mentorship

Title: Initial Validation of the Self-Care Belief and Behavior Questionnaire

Summary: The goal of this dissertation project is to create a novel self-care measure and establish psychometric properties in a sample of young adults as well as in a sample of infant and early childhood professionals. Specific questions include: "What is the factor structure of this measure?" "What is the convergent, discriminant and predictive validity?"

Student PI: Julia Najm

Role: Faculty Research Mentor

Title: Look, But Don't Touch: Impact of COVID-19 on the NICU Caregiver

Summary: The goal of this dissertation project is to investigate the impact of COVID-19-specific stress and NICU-specific stress on caregiver global health outcomes (physical, mental, and social health), parental bonding, and parental self-efficacy. Specific aims are to examine: (1) the association between the experience of COVID-specific stress and the experience of a variety of other factors specific to the NICU stay; (2) the associations between COVID-specific stress and parental health (physical, mental, and social) and parent-child relational health (bonding, self-efficacy); and (3) examine whether COVID-specific stress impacts parental-relational outcomes through its

effect on NICU stress and health and whether the impact of COVID-specific stress on NICU stress is impacted by whether or not a caregiver was anticipating the NICU stay.

Student PI: Rebecca Otwell-Dove

Role: Faculty Research Mentor

Title: Life in death decisions: Decisional process, motivation, and success with quality-of-life directed change in recently hospitalized patients

Summary: Broadly, this dissertation project aims to identify events that serve as catalysts for quality-of-life directed changes within a population of family medicine patients with and without recent hospitalization. This project further seeks to quantify the differential impact of medical catalysts and hospitalization status on patient motivation and implementation of quality-of-life directed change. Additionally, this study aims to model the decisional process from hospital discharge to quality-of-life directed change with a translational goal of promoting aspects of this decisional processes to maximize motivation and solutogenic benefit following hospital discharge.

Student PI: Robyn Dolson

Role: Faculty Research Mentor

Completed Research Support

Title: Building Strong Brains and Strong Families

Summary: The goal of this study is to empirically investigate the implementation of Trauma-Informed Care at the Boys & Girls Club of Washington County

Funding Mechanism: Tennessee Department of Children's Services (RFS 35910-02117)

Role: Co-Investigator

PI: A. Clements, PhD

Title: Religion, Emotions, and Current Health (REACH)

Summary: The broad goal of this study is to identify distal (past) and proximal (current) factors that predict mental health symptoms in young adults (college students). Moderating and mediating factors include emotion socialization in childhood, religious socialization in childhood, current emotion regulation, and current religious/spiritual practices.

Funding Mechanism: Start-up funds.

Role: Principal Investigator

Title: College Students' Health Risk Behaviors

Summary: The purpose of this research study is to investigate health behaviors of college students, and to better understand factors that predict students' engagement in risky health behaviors such as alcohol and substance use, tobacco use, poor diet or physical activity, or risky sexual behavior. Previous research has shown that engagement in these types of behaviors can negatively impact individuals' health long-term, and so better understanding engagement in these behaviors can help researchers develop interventions to improve college student health.

Funding Mechanism: Start-up funds.

Role: Co-investigator

PI: J. Dodd, PhD

Title: Neurobehavioral assessments of RDoC domains to detect preschool mood disorders.

Summary: The goal of this study is to identify neurophysiological and behavioral assessments of RDoC domains that map onto depression and anxiety in preschool-aged children.

Funding Mechanism: National Institute for Mental Health (1R03MH102648-01A1; 9/1/14-8/31/16)

Role: Postdoctoral Research Fellow

Primary Investigators: K. Rosenblum (PI) Fitzgerald (Co-PI)

IRB Status: Approved

Title: Maternal Anxiety During the Childbearing Years (MACY).

Summary: The goal of the MACY project is to longitudinally evaluate the effects of a history of childhood maltreatment on mothers' postpartum psychosocial adaptation, parenting, mental health, and attachment.

Funding Mechanisms: National Institute of Health-Michigan Mentored Clinical Scholars Program (K12 RR017607-04); the National Institute of Mental Health -Career Development Award K23 (K23 MH080147-01); and the Michigan Institute for Clinical and Health Research (MICHR, UL1TR000433).

Role: Postdoctoral Research Fellow

M. Muzik (PI)

Title: Neurocircuitry Underlying Caregiving in Healthy Mothers and Non-Mothers

Summary: This grant proposes to study the brain circuits of care-giving and parenting.

Funding Mechanism: Michigan Institute for Clinical Health Research (02/01/12 - 09/30/12)

Role: Postdoctoral Research Fellow

J. Swain & S. Brown (Co-PI's)

Title: Transmission of Emotion Regulation: From Maternal Brain to Child Behavior

Summary: The goal of this grant is to support efforts to gather pilot data on the brain circuits of maternal parenting thoughts and responses in the context of emotion regulation

Funding Mechanism: Michigan Institute for Clinical Health Research (02/01/12 - 11/15/12)

Role: Postdoctoral Research Fellow

M. Muzik (PI)

Title: Behavioral and physiological mother-child synchrony as a moderator of genetic risk in a preschool sample.

Summary: This study examined parent-child match in cortisol reactivity, heart rate variability, and behaviors (i.e., shared emotion, cooperativeness) in response to challenging laboratory tasks, in a community sample of mothers and their preschool-age children. Behavioral and physiological synchrony will be examined as a moderator of risk between maternal genetic risk and child emotional and psychological outcomes.

Funding Mechanisms: National Institute on Drug Abuse (P30 DA027827) Parent Grant awarded to the University of Georgia Center for Contextual Genetics and Prevention Science (9/1/2010-6/30/2014); University of Georgia Provost Research Program (5/30/2012-5/30/2013) and William A. and Barbara R. Institute for Behavioral Research at the University of Georgia (6/2010-5/2012).

Role: Graduate Research Assistant

C. Suveg & A. Shaffer (PIs)

Title: Emotional development in children: Socialization effects and links to psychopathology

Summary: This study examined emotion-related competencies in youth that are crucial for adaptive psychological functioning and mechanisms through which these competencies develop (i.e., through parental socialization behaviors).

Funding Mechanism: University of Georgia Research Foundation (1/06-5/08).

Role: Graduate Research Assistant

C. Suveg (PI)

Title: Nationality differences in children's emotion management: A comparison of African and American youth.

Summary: This study examined emotion regulation and mental health outcomes in a sample of youth living in Ghana, Kenya, and the United States.

Funding Mechanism: Reves Center for International Study, College of William and Mary (06/09 - 06/10).

Role: Graduate Research Assistant

J. Zeman (PI)

Title: Children's emotion regulation across and within nations: A Comparison of Ghanaian and American Youth

Summary: This study examined emotion regulation abilities in a sample of youth living in a rural village in Ghana. Contextual comparisons included within nation (i.e., Ghanaian children living in an orphanage vs. children living with families) as well as across nations (i.e., Ghanaian children compared to age and sex-matched peers living in the U.S.).

Funding Mechanism: Monroe Scholarship, College of William & Mary (05/09 – 05/10)

Role: PI

Janice Zeman (Faculty Advisor)

CLINICAL EXPERIENCE***Reflective Supervisor and Consultant***

1/17-current

- Provide RSC for groups and individuals around infant mental health programming across the state of TN including home visiting supervisors, childcare resource and referral providers, and mental health clinicians.

Clinical Supervisor Behavioral Health and Wellness Clinic

1/17-current

- Provide clinical supervision on therapy and assessment to clinical psychology doctoral students
- Run a vertical team of group supervision

Child and Adolescent Psychology Postdoctoral Fellow

9/14 – 7/16

Supervisors: Angela Fish, Ph.D., Polly Gipson, Ph.D., Maria Muzik, M.D., Kate Rosenblum, Ph.D.

- **Perinatal Clinic**

- Assessments and evidence-based treatment with women experiencing mental health difficulties during the perinatal period, infertility related stress, and/or perinatal loss.
- **Infant and Early Childhood Clinic**
 - This clinic serves families with young children (ages 18 months – 6 years of age).
 - Conduct assessments and diagnostic services within a developmental and family relationship framework, and include parent interviews, structured assessments of family interactions (including strange situation paradigm), and guided video feedback review with parents
 - Conduct child-parent psychotherapy with parents of young children
- **Frankel Psychotherapy Program: Community Mental Health in Primary Care Setting**
 - Conduct weekly individual/family therapy with children/adolescents referred by pediatricians.
 - Therapy offered in primary care setting to facilitate access to high risk population
- **Autism Assessment Clinic**
 - Conduct multidisciplinary assessments using ADOS and ADI

Psychology Intern at the Virginia Treatment Center for Children

07/13 – 7/14

Supervisors: Leslie Kimball-Franck, Ph.D., Earl Turner, Ph.D., Julie Linker, Ph.D.

- **Acute Inpatient Rotation**
 - Conducted daily individual/family therapy with children/adolescents admitted to acute inpatient unit for suicidal ideation/attempts, homicidal ideation/attempts, and/or psychotic symptoms
 - Participated in daily team rounds with MDs, nurses, social workers, occupational therapists, and recreational therapists
 - Provided case management for families to ensure follow up services would be provided following discharge
 - Served as a peer supervisor to junior colleagues (i.e., doctoral students earlier in their clinical training)
- **Child and Adolescent Assessment Team**
 - Administered, scored, wrote integrated reports, and provided feedback for diagnostic, personality, and cognitive assessments
 - Training and practice using the ADOS for assessment of Autism Spectrum Disorders
- **Consultation/Liaison Rotation**
 - Served as mental health and child development expert on interdisciplinary team in a Craniofacial Clinic
 - Provided psychological evaluations in the pediatric emergency department for behavioral health concerns (e.g., suicidality, trauma, behavior problems)
 - Provided consultation for any pediatric mental/behavioral health needs in Children's Hospital (e.g., trauma, eating disorders)
- **Outpatient Rotation**
 - Conducted weekly psychotherapy for children, adolescents, and families using a variety of empirically supported techniques.

Therapist-in-training in the University of Georgia Psychology Clinic

08/08 – 05/13

Supervisors: Cindy Suveg, Ph.D., Anne Shaffer, Ph.D., Sarah Fischer, Ph. D., and Joan Jackson, Ph. D.

- **Child and Family Therapy Team**
 - Conducted weekly psychotherapy with children, adolescents, and families using a variety of cognitive-behavioral and empirically-supported techniques.
 - Treated children and adolescents with presenting problems include anxiety disorders, depression, child behavior disorders, family conflict, and adjustment issues.
 - Performed psychological evaluations for suspected learning disabilities or ADHD.
- **Dialectical Behavior Therapy Adolescent and Adult Team**
 - Conducted Dialectical Behavior Therapy (DBT) with adults with Borderline Personality Disorder (BPD).
 - Lead DBT skills group with adolescents who have Bulimia and BPD pathology.
 - Participated in consult team that involved weekly clinical consultation, weekly supervision, and a 24/7 on call pager protocol.
 - Administered, scored, and provided feedback for the MMPI.
- **Group Therapy at a Domestic Violence Shelter**
 - Planned and lead weekly group skills-based therapy for women living in a domestic violence shelter.

- **Goodwill Disability Assessment**
 - Performed psychological evaluations for adults suspected of learning disorders or intellectual disability

<i>Child Assessment Externship</i>	01/12 – 06/13
Made for Kids, Inc. 1150 S Milledge Ave, Ste 4, Athens, GA; Supervisor: Anna Edwards, Ph. D.	
<ul style="list-style-type: none"> • Scored various measures for ADHD, LD, PDD, and general psychoeducational evaluations • Wrote assessment reports integrating the various sources of information 	
<i>Accompaniment Advocate for the Sexual Assault Center of Northeast Georgia</i>	08/10 – 06/13
<ul style="list-style-type: none"> • Accompanied survivors of sexual abuse or sexual assault to their forensic exam. • Provided support and education to survivors about legal and medical services available to them. • Worked collaboratively with law enforcement and health care professionals to ensure the survivor was informed of all options and laws surrounding reporting sexual assault. 	
<i>Consultant for Pearson WPPSI-IV Reliability Study</i>	07/12
<ul style="list-style-type: none"> • Scored the Similarities, Vocabulary, Comprehension, Information, and Picture Naming subtests from the WPPSI-IV for 60 children 	
<i>Head Start Assessment Practicum</i>	01/12 – 05/12
<ul style="list-style-type: none"> • Observed Head Start classrooms in the counties surrounding Athens • Wrote reports summarizing classroom observations, concerns, and recommendations for improvement • Provided emotional/behavioral assessments for children who are having difficulty in the classroom • Worked collaboratively with Head Start staff and teachers to maximize the utility of services 	
<i>Residential counselor and therapeutic activity instructor for Wediko Children's Services</i>	05/07-08/07
The Wediko Summer Program is a residential, psycho-educational treatment program, serving children and adolescents, ages 7- 18, with serious emotional and behavioral disabilities	
<ul style="list-style-type: none"> • Attended lectures and case conferences during two weeks of orientation • Received 750 hours of supervised clinical experience under trained psychologists 	
TEACHING EXPERIENCE	
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 30 students	Summer 2021
<i>Assistant professor, Abnormal Psychology</i> , undergraduate course, 80 students	Spring 2021
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 23 students	Summer 2020
<i>Assistant professor, Perinatal and Infant Mental Health</i> , grad/advanced undergrad course, 24 students	Fall 2020
<i>Assistant professor, Supervision</i> , graduate course, 4 students	Fall 2020
<i>Assistant professor, Evidence-Based Interventions</i> , graduate course, 6 students	Fall 2020
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 23 students	Summer 2020
<i>Assistant professor, Personality Theory and Models of Psychotherapy</i> , graduate course, 7 students	Spring 2020
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 163 students	Spring 2020
<i>Assistant professor, Supervision</i> , graduate course, 5 students	Fall 2019
<i>Assistant professor, Evidence-Based Interventions</i> , graduate course, 7 students	Fall 2019
<i>Assistant professor, Clinical Practicum</i> , graduate course, 6 students	Spring 2019
<i>Assistant professor, Psychological Assessment II: Children</i> , graduate course, 5 students	Spring 2019
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 12 students	Winter 2019
<i>Assistant professor, Supervision</i> , graduate course, 2 students	Fall 2018
<i>Assistant professor, Psychopathology</i> , graduate course, 8 students	Fall 2018
<i>Assistant professor, Evidence-Based Interventions</i> , graduate course, 5 students	Fall 2018
<i>Assistant professor, Personality Theory and Models of Psychotherapy</i> , graduate course, 5 students	Spring 2018
<i>Assistant professor, Supervision</i> , graduate course, 6 students	Fall 2017
<i>Assistant professor, Evidence-Based Interventions</i> , graduate course, 6 students	Fall 2017
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 30 students	Summer 2017
<i>Assistant professor, Developmental Psychopathology Lab</i> , undergraduate research lab, 7 students	01/17-current
<i>Assistant professor, Clinical Practicum</i> , graduate course, 12 students	Spring 2017, Fall 17
<i>Assistant professor, Psychopathology</i> , graduate course, 6 students	Fall 2016
<i>Instructor of record, Abnormal Psychology</i> , advanced undergraduate course, 43 students	Summer 2012

Instructor of record, Psychology of Adjustment, Introductory undergraduate course, 85 students

Fall 2011-Sp. 12

PROFESSIONAL MEMBERSHIPS

Society for Research in Child Development
Society of Clinical Child and Adolescent Psychology, Division 53 APA
Association for Infant Mental Health in Tennessee
Alliance for the Advancement of Infant Mental Health
Tennessee Psychological Association
Intermountain Psychological Association