

Diana M. Morelen, Ph.D.
morelen@etsu.edu

PROFESSIONAL POSITIONS

East Tennessee State University (ETSU), Johnson City, TN	08/16-Current
• Assistant Professor, Department of Psychology	
Association for Infant Mental Health in Tennessee (AIMHiTN)	01/17-Current
• Infant Mental Health Credentialing Leadership Cohort Member	
University of Michigan, (APA Accredited Postdoctoral Program) Ann Arbor, MI	09/14 – 07/16
• Postdoctoral Fellowship in Child and Adolescent Clinical Psychology	
The Virginia Treatment Center for Children, (APA Accredited Internship Program) Richmond, VA	
• Clinical Psychology Intern	07/13 – 07/14
The University of Georgia, (APA Accredited Program), Athens, GA	08/08 - 08/14
• Graduate Research Assistant to faculty mentors Cynthia Suveg, Ph. D. and Anne Shaffer, Ph.D.	

EDUCATION

University of Michigan	09/14 - 07/16
• Postdoctoral Fellowship in Clinical Psychology	
Virginia Commonwealth University Medical Center	07/13 – 07/14
• Internship in Clinical Psychology	
The University of Georgia	08/11 – 08/14
• Ph. D in Clinical Psychology	
• GPA 4.00	
The University of Georgia	08/08 – 08/11
• Master of Science in Clinical Psychology	
• GPA 3.85	
The College of William and Mary, Williamsburg, VA	08/04 – 05/08
• Bachelor of Arts degree in Psychology, Summa Cum Laude	
• GPA 3.92 (Overall), 3.95 (Major)	
University of Wollongong, Study Abroad program; Wollongong, Australia	07/05-11/05

CLINICAL PSYCHOLOGIST LICENSURE AND CREDENTIALING

Michigan Psychology Board, Licensed October 3, 2015 to August 31, 2016*. License number 6301016150.

*License not renewed due to moving out of state.

Tennessee Psychology Board, Licensed December 12, 2016. License number 3421.

Infant Mental Health® Mentor (Category 4)

HONORS AND AWARDS

Honors Societies

- Phi Beta Kappa
- Psi Chi Psychology Honors Society
- President of Psi Chi 2007-2008

Awards

2004-2008	Dean's List Honor Role, College of William & Mary
2005 & 2006	Bionetics Summer Service Grant
2006	James Monroe Scholar
2008	Stanley B. Wilson Award for an Outstanding Student in Psychology
2010	University of Georgia International Travel Funding Award
2011	University of Georgia Domestic Travel Funding Award
2012	University of Georgia Domestic Travel Funding Award
2012	American Psychological Association Student Travel Award
2012	Florene M. Young Award for Outstanding Clinical Service
2012	University of Georgia Dissertation Completion Award
2015	National Institutes of Health Loan Repayment Program

2016	National Institutes of Mental Health Child Intervention and Prevention Services (CHIPS) Fellowship
2017	East Tennessee State University Presidential Grants in Aid Research Training Award
2017	East Tennessee State University Research Development Committee Major Grants Program
2017	National Institutes of Health Loan Repayment Program, NICHD

PROFESSIONAL ACTIVITIES

Infant Mental Health Leadership Cohort Member (sponsored by Project Launch and the Association for Infant Mental Health in Tennessee)

East Tennessee State University Institutional Review Board Member

Ad-Hoc Reviewer

Journal of Child and Family Studies

Journal of Family Studies

Social Development

Child Psychiatry and Human Development

Infant and Child Development

Psychiatry Research: Neuroimaging

Psychiatry Research

Honors Thesis Mentor

McNair Scholar Research Mentor

PUBLICATIONS

Peer-reviewed Publications (N = 24 total; N = 9 first authored publications)

- **Morelen, D.***, Muzik, M.*, Bocknek, E., Hamilton, L., Rosenblum, K. & Beeghly, M. (2017). Psychopathology and Parenting: An Examination of Perceived and Observed Parenting in Mothers with Depression and PTSD. *Journal of Anxiety Disorders*, 207, 242-250. *co-first authors.
- **Morelen, D.**, Menke, R., Beeghly, M., Rosenblum, K., & Muzik, M. (2016). Trajectories of Affective Displays in Mothers and Infants: The Role of Psychological Risk. *Psychopathology: Special Issue: Parental Bonding and Dyadic Interaction: Source of Mental Health and Risk of Psychopathology*, 49, 305-314.
- **Morelen, D.**, Southam-Gerow, M., & Zeman, J. (2016). Links between Child Emotion Regulation and Victimization: The Moderating Role of Gender. *Journal of Child and Family Studies*, 25, 1941–1953.
- **Morelen, D.**, Shaffer, A., & Suveg, C. (2016) Maternal emotion regulation: Links to emotion parenting and child emotion regulation. *Journal of Family Issues*, 37, 1891-1916.
- **Morelen, D.**, Jacob, M. L., Suveg, C., Jones, A., & Thomassin, K. (2013). Family emotion expressivity, emotion regulation, and the link to psychopathology: Examination across race. *British Journal of Psychology*, 104, 149 – 166.
- **Morelen, D.**, & Thomassin, K. (2013). Emotion socialization and ethnicity: An examination of practices and outcomes in African American, Asian American, and Latin American families. *Yale Journal of Biology and Medicine*, 86, 168-178.
- **Morelen, D.**, & Suveg, C. (2012). A real-time analysis of parent-child emotion discussions: The interaction is reciprocal. *Journal of Family Psychology*, 26, 998-1003.
- **Morelen, D.**, Zeman, J., Perry-Parrish, C., & Anderson, E. (2012). Children's emotion regulation across and within nations: A comparison of Ghanaian, Kenyan, and American youth. *British Journal of Developmental Psychology*, 30, 415-431.
- **Morelen, D.**, & Shaffer, A. (2012). Understanding clinical, legal, and ethical issues in emotional maltreatment. *Journal of Aggression, Maltreatment, and Trauma*, 21, 188-201.
- Suveg, C., Jones, A., Davis, M. Jacob, M.L., **Morelen, D.**, Thomassin, K., & Whitehead, M. (2017). Emotion-focused Cognitive-Behavioral Therapy for Youth with Anxiety Disorders: A Randomized Controlled Trial. *Journal of Abnormal Child Psychology*.
- Muzik, M., Rosenblum, K., **Morelen, D.**, Alfara, E., Miller, N., Waddell, R., Schuster, M., & Ribaldo, J. A (2017). Community-based Randomized Controlled Trial of Mom Power Parenting Intervention for Mothers with Interpersonal Trauma Histories and their Young Children. *Archives of Women's Mental Health*
- Menke, R. A., **Morelen, D.**, Simon, V. A., Rosenblum, K., & Muzik, M. (2017). The longitudinal relationships between shame, maltreatment characteristics, depression, and posttraumatic stress during the postpartum period in women with childhood maltreatment histories. *Child Maltreatment*.
- Shaffer, A., Davis, M., Whitehead, M., **Morelen, D.**, & Suveg, C. (In press). Multi-method assessment of maternal emotion regulation and relations to parenting and child outcomes: a model-based cluster analysis. *Family Process*.

- Swain, J., Ho, S., Rosenblum, K., **Morelen, D.**, Dayton, C., & Muzik, M. (In Press). Parent-Child Intervention Decreases Stress and Increases Maternal Brain Activity and Connectivity During to Own Baby-Cry: An Exploratory Study. *Development and Psychopathology*.
- Swain, J., Caluser, I., Mahmood, Z, Meldrim, M. & **Morelen, D.** (2016). Action-Based Synthesis of Parental Brain Consciousness. [Peer commentary on “Homing in on Consciousness in the Nervous System: An Action-Based Synthesis” by E. Morsella et al.]. *Behavioral and Brain Science*.
- Muzik, M., McGinnis, E.W., Bocknek, E., **Morelen, D.**, Rosenblum, K., Liberzon, I., Seng, J., Abelson, J. (2016). PTSD Symptoms Across Pregnancy and Early Postpartum in Women with a lifetime PTSD Diagnosis. *Depression and Anxiety*.
- McGinnis, E., Lopez-Duran, N., **Morelen, D.**, Rosenblum, K., & Muzik, M. (2015). Blunted cortisol response to the TSST in children under 8 with internalizing disorders. *Psychoneuroendocrinology*, 61, 40.
- McCullough, C., Han, R., **Morelen, D.**, & Shaffer, A. (2015). The moderating effects of maternal age at childbirth and emotion dysregulation on the intergenerational continuity of emotionally maltreating parenting behaviors. *Journal of Family Issues*.
- Suveg, C., Raley, J. N., **Morelen, D.**, Wang, W., Han, R. Z., & Campion, S. (2013). Child and family emotional functioning: A cross-national examination of families from China and the United States. *Journal of Child And Family Studies*.
- Harding, H., **Morelen, D.**, Thomassin, K., Bradbury, L., & Shaffer, A. (2013). Exposure to maternal and paternal perpetrated intimate partner violence, emotion regulation, and child outcomes. *Journal of Family Violence*, 28, 63-72.
- Jacob, M. L., **Morelen, D.**, Whiteside, S. P., Jacobsen, A., & Suveg, C. (2012). Emotional, behavioral, and cognitive factors that differentiate obsessive-compulsive disorder and other anxiety disorders in youth. *Anxiety, Stress, and Coping*, 25, 229 – 237.
- Thomassin, K., **Morelen, D.**, & Suveg, C. (2012). Emotion reporting using electronic diaries reduces anxiety symptoms in girls with emotion dysregulation. *Journal of Contemporary Psychotherapy*, 42, 207-213.
- Suveg, C., Shaffer, A., **Morelen, D.**, & Thomassin, K. (2011). Links between maternal and child psychopathology symptoms: Mediation through child emotion regulation and moderation through maternal behavior. *Child Psychiatry And Human Development*, 42, 507-520.
- Suveg, C., **Morelen, D.**, Brewer, G., & Thomassin, K. (2010). The emotion dysregulation model of Anxiety: A preliminary path analytic examination. *Journal of Anxiety Disorders*, 24, 924-930.

Under-review

- (R&R) Muzik, M., Ho, S., **Morelen, D.**, Swain, J., Rosenblum, K., Zubieta, JK., & Swain, J. Parenting Intervention for Mothers with High vs. Low Psychological Risk changes Neural Activity related to an Own Child Face Empathy Task. *Social Cognitive and Affective Neuroscience*
- McGinnis, E., McGinnis, R., Hruschak, J., Bilek, E., Ip, K., Morelen, D., Lawler, J., Fitzgerald, K., Rosenblum, K., Muzik, M. Wearable Sensors Outperform Behavioral Coding as Valid Marker of Childhood Anxiety and Depression. *PlosOne*.
- Davis, M., Bilms, J., **Morelen, D.**, & Suveg, C. Physiological Synchrony between Caregivers and Youth across Development. To be submitted to *Biological Psychology*

In Preparation (*indicates student mentored projects)

- **Morelen, D.**, Davis, M, Jones, A., Suveg, C., & Shaffer, A. Psychometric properties of the Coping with Children’s Negative Emotions Scale revisited through the lens of diversity. To be submitted to *Journal of Child and Family Studies*.
- McGinnis, E., **Morelen, D.**, Lawler, J., Rosenblum, K., Fitzgerald, K., & Muzik, M. Unanticipated Positive Affect in Young Children as Early Risk Marker. To be submitted to *Emotion*.
- *McCrohan, M., **Morelen, D.**, & Ip, K. Maternal emotion regulation mediated the link between maternal depression and young children’s internalizing problems: The role of access to emotion regulation strategies.

Book Chapters

- Morelen, D. (2017). Children’s Depression Inventory-2. In V. Zeigler-Hill & T. K. Shackelford (eds.), *Encyclopedia of Personality and Individual Differences*. NY: Springer.
- Morelen, D., Muzik, M., & Rosenblum, K. (In press). Childhood Maltreatment and Motherhood: Implications for Maternal Well-Being and Mothering. In M. Muzik & K.L. Rosenblum (eds.), *Motherhood in the Face of Trauma: Pathways of Healing and Growth*. NY: Springer.

- Suveg, C., Thomassin, K., & **Morelen, D.** (2016). Self-monitoring strategies for youth with internalizing symptoms. In D. W. Nangle, D. J. Hansen, R. L. Grover, J. N. Kingery, & C. Suveg (Eds.), *Treating Internalizing Disorders in Children and Adolescents: Core Techniques and Strategies*. NY: Guilford Press.
- Jacob, M. L., Thomassin, K., **Morelen, D.**, & Suveg, C. (2011). Emotion regulation in youth with anxiety disorders. In D. McKay and E.A. Storch (Eds.), *Handbook of anxiety disorders in children and adolescents*. NY: Springer.

Conference Paper Presentations

- Swain, J. Ho, S., Rosenblum, K., **Morelen, D.**, Dayton, C., & Muzik, M. (2017). *Parent-Child Intervention Decreases Stress and Increases Maternal Brain Activity and Connectivity in Response to Own Baby-Cry*. Paper presented at the Society for Research in Child Development, Austin, TX.
- **Morelen, D.**, Ho, S., Rosenblum, K., Swain, J., Muzik, M. *Parenting Intervention changes Neural Activity related to Empathy for Mothers with Psychopathology and Interpersonal Trauma History*. Paper presented at the American Academy of Child and Adolescent Psychiatry, San Antonio, TX.
- **Morelen, D.**, Ho, S., Rosenblum, K., Swain, J., Muzik, M. (2015). *Parenting Intervention for Mothers with High vs. Low Psychological Risk affects Neural Activity during an Own Child Face Empathy Task*. Paper presented at Biological Psychiatry, Toronto, Canada.
- **Morelen, D.**, Thomassin, K., Jacob, M. L., & Suveg, C. (2011). *Emotion socialization is a two-way street: Bidirectional influences of emotion parenting and child emotion regulation*. Paper presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
- Thomassin, K., **Morelen, D.**, Suveg, C. (2011). *Reciprocal affect in parent-child interactions: Implications for children's emotional competence*. Paper presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
- Bradbury, L., **Morelen, D.**, Thomassin, K., & Shaffer, A. (2011). *Observed childhood emotional maltreatment and childhood depression: The role of emotion regulation*. Paper presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
- Suveg, C., Jacob, M., Thomassin, K., **Morelen, D.**, and Jones, A. (2010). *Emotion-focused cognitive-behavioral therapy for anxious youth*. In C. Suveg (Chair), Emotion and psychopathology: Conceptual foundations and clinical applications. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- **Morelen, D.**, Suveg, C., Thomassin, K., & Jacob, M. L. (2009). *Emotion regulation as a mediator of the relation between fathers' punitive reactions and externalizing problems in youth*. In L. Halpern and J. Fox (Chairs), Emotion regulation: A mediator of youth's vulnerability to emotional and behavioral problems. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies Conference in New York City, NY.

Conference Poster Presentations (*indicates student mentored projects)

- **Morelen, D.**, Menke, R., Rosenblum, K., Beeghly, M., & Muzik, M. (2017). *Bidirectional Mother-Infant Affective Displays across Contexts of Risk*. Presented poster for the Society for Research in Child Development, Austin, TX.
- Whitehead, M., Shaffer, A., Davis, M., **Morelen, D.**, & Suveg, C. (2017). *A Model-Based Cluster Analysis of Maternal Emotion Regulation and Relations to Parenting Behavior*. Presented poster for the Society for Research in Child Development, Austin, TX
- *Rosenbaum, K.; McGinnis, E.; **Morelen, M.**; Muzik, M.; Fitzgerald, K.; & Rosenblum, K. (2016). The Role of Maternal Risk Factors on Subjective and Objective Child Outcomes. Poster presented at Silverman Conference, Department of Psychiatry, University of Michigan; Ann Arbor, MI.
- *Smith, A.; McGinnis, E.; **Morelen, M.**; Muzik, M.; Fitzgerald, K.; & Rosenblum, K. (May, 2016). Maternal Representations and Observed Child Affect in Mothers with Depressive and/or PTSD Symptomology. Poster presented at Silverman Conference, Department of Psychiatry, University of Michigan; Ann Arbor, MI.
- *Stringer, M.; McGinnis, E.; **Morelen, D.**; Hruschak, J.; Muzik, M.; Fitzgerald, K.; & Rosenblum, K. (May, 2016). Influences of Stressor Type on Observed Child Behaviors. Poster presented at Silverman Conference, Department of Psychiatry, University of Michigan; Ann Arbor, MI.
- * Miller, A., May, A., McGinnis, E., Morelen, D., Hruschak, J., Muzik, M., Rosenblum, K., & Fitzgerald, K. (May, 2016). *Examining the Role of Maternal Psychopathology in Child Objective and Subjective Symptomatology*. Poster to be presented at the 28th American Psychological Science, Chicago, IL.

- *May, A., Miller, A., McGinnis, E., **Morelen, D.**, Hruschack, J. Muzik, M., Rosenblum, K., Fitzgerald, K.. (May, 2016). *Fear and anxiety as separate constructs in childhood internalizing problems*. 28th American Psychological Science, Chicago, IL
- *Bourdo, H., McGinnis, E., Miller, A., May, A., **Morelen, D.** Fitzgerald, K., Rosenblum, K., & Muzik, M. (2016, May). Fear Behavior in Preschool Boys, but not Girls, Correlated to Maternal Perception of Child Anxiety. Poster to be presented at the American Psychological Association (APS), Chicago, IL.
- **Morelen, D.**, Southam-Gerow, M., & Zeman, J. (2014). *Links between emotion regulation, bullying, and victimization: Moderating role of gender*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- **Morelen, D.**, Davis, M., Suveg, C., & Shaffer, A. (2013). *Psychometric properties of the Coping with Children's Negative Emotions Scale revisited through the lens of diversity*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Davis, M., **Morelen, D.**, Suveg, C., & Shaffer, A. (2013). *Mom is stressed, but I'm smiling: Child positive affect as a protective factor in the relationship between mothers' parenting stress and child emotion regulation*. Poster accepted to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- **Morelen, D.**, Shaffer, A., Suveg, C., & Meller, S. (2012). *Emotion parenting intervention and maternal emotion regulation: Implications for emotion parenting behavior and child emotion regulation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD
- **Morelen, D.**, Bradbury, L., Thomassin, K., Shaffer, A., & Suveg, C. (2012). *Maternal emotion regulation, emotion parenting behavior, and child emotion regulation: A multi-method study*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- **Morelen, D.**, Jacob, M., Suveg, C., Jones, A., & Thomassin, K. (2012) *Family emotion expressivity, emotion regulation, and the link to psychopathology: Examination across race*. Poster presented at the annual convention of the American Psychological Association, Orlando, FL.
- **Morelen, D.**, Bradbury, L., Shaffer, A., Harding, H., Baggett, E. (2011). *Explaining the link between children's exposure to domestic violence and psychological problems: An emotion regulation framework*. Poster presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
- Zeman, J., **Morelen, D.**, & Anderson, E. (2011). *Ghanaian maternal emotion socialization behavior: Links to depressive and aggressive behaviors in youth*. Poster presented at the biennial conference for the Society for Research in Child Development, Montreal, Canada.
- **Morelen, D.**, Jacob, M. L., Jones, A., Thomassin, K., Suveg, C., & Zuckerman, K. (2010). *Parents, teachers, or children: Whose report matters most when predicting impairment in youth with GAD?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA
- Harding, H.G., **Morelen, D.**, Thomassin, K., & Shaffer, A. (2010). *A comparison of parent and child report of exposure to intimate partner violence and its relation to child outcomes*. Poster presented at the 2010 ABCT Conference.
- **Morelen, D.**, Jacob, M. L., Thomassin, K., Jones, A. & Suveg, C. (2009). *Emotion regulation as a moderator of the link between maternal, paternal, and child internalizing symptoms: Does parent gender matter?* Poster presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies Conference in New York City, New York.
- **Morelen, D.**, & Zeman, J. (2008). *Anger and sadness regulation in the youth of Ghana*. Poster presentation at the annual convention of the American Psychological Association, Boston, MA.
- **Morelen, D.**, Zeman, J., & Perry-Parrish, C. (2007). *A cultural comparison of children's emotion regulation: Ghana and the United States*. Presented at the annual convention of the American Psychological Association, San Francisco, CA.

Invited Talks

- Morelen, D. *Mom Power: A Parenting Intervention to Improve Mental Health and Parenting among High-Risk Mothers with Young Children*.
 - East Tennessee State University Center of Excellence for Children in State Custody Pediatric Psychiatric Collaborative monthly meeting. Johnson City, TN. October 2016.
 - Association for Infant Mental Health in Tennessee (AIMHiTN) quarterly meeting. Nashville, TN. December, 2016

- Intermountain Psychologist Alliance (IMPA) monthly meeting. Johnson City, TN. March 2017.
- Improving Outcomes for Vulnerable Infants & Toddlers: Evidence-Based Interventions Conference. Johnson City, TN. June 2017.
- Building Blocks Infant Mental Health Conference hosted by Tennessee Association of Mental Health Organizations (TAMHO). Franklin, TN. August 2017.
- Kingsport Community Action Board monthly meeting. Kingsport, TN. August, 2017.
- Trauma Informed Systems of Care Collaborative monthly meeting. Johnson City, TN. August 2017.
- Johnson City Crime Prevention monthly meeting. Johnson City, TN. August 2017.
- TN Council for Children and Youth (TCCY) “Aftermath: From Birth to Worth, a look at the regions challenges with Neonatal Abstinence Syndrome and Substance Abuse.” Gray, TN. September 2017.
- ETSU Psychiatry Grand Rounds. Johnson City, TN. September 2017.
- ETSU Maternal Child Health Research Consortium. Johnson City, TN. November 2017.
- Tennessee Association of Drug Court Professionals. Nashville, TN. December 2017.

RESEARCH SUPPORT

Ongoing Research Support

Title: Mom Power Implementation Study

Summary: The broad aim of the present study is to determine feasibility of training community-based providers in Mom Power, an evidence-based attachment-based parenting and self-care skills group designed for high-risk mothers and their young children, in a diverse sample of underserved rural families in TN through partnerships with community agencies. This project will evaluate outcomes related to training providers as well as provider and agency factors that predict uptake and implementation efforts.

Funding Mechanism: Start-up funds. ETSU Research Development Committee Major Grant.

Role: Principal Investigator

Title: Trauma Informed Parenting Intervention to Promote Maternal Mental Health and Reduce Child Risk (Mom Power Effectiveness Study)

Summary: The broad aim of the present study is to investigate the effectiveness of Mom Power, an evidence-based attachment-based parenting and self-care skills group designed for high-risk mothers and their young children, in a diverse sample of underserved rural families in TN through partnerships with community agencies. This project will evaluate pre/post changes in families involved in the Mom Power intervention.

Funding Mechanism: Start-up funds. RDC Major Grant. ETSU Research Development Committee Major Grant.

Role: Principal Investigator

IRB Status: Submitted, Pending

Title: A Transdiagnostic Approach to Understanding Intergenerational Transmission of Risk of Internalizing Symptoms

Summary: The goal of this study is to determine how multimodal markers of emotion regulation (e.g., heart rate variability, cortisol reactivity, skin conductance, observed emotional reactivity) interact to predict internalizing symptoms in mothers and their children and to test maternal emotion regulation as one mechanism through which maternal symptoms may lead to child symptoms.

Funding Mechanism: Start-up funds. Considering submission of NIH R15 spring 2018.

Role: Principal Investigator

IRB Status: In development

Title: Building Strong Brains and Strong Families

Summary: The goal of this study is to empirically investigate the implementation of Trauma-Informed Care at the Boys & Girls Club of Washington County

Funding Mechanism: Tennessee Department of Children’s Services (RFS 35910-02117)

Role: Co-Investigator

PI: A. Clements, PhD

Title: Religion, Emotions, and Current Health (REACH)

Summary: The broad goal of this study is to identify distal (past) and proximal (current) factors that predict mental health symptoms in young adults (college students). Moderating and mediating factors include emotion socialization

in childhood, religious socialization in childhood, current emotion regulation, and current religious/spiritual practices.

Funding Mechanism: Start-up funds.

Role: Principal Investigator

Title: College Students' Health Risk Behaviors

Summary: The purpose of this research study is to investigate health behaviors of college students, and to better understand factors that predict students' engagement in risky health behaviors such as alcohol and substance use, tobacco use, poor diet or physical activity, or risky sexual behavior. Previous research has shown that engagement in these types of behaviors can negatively impact individuals' health long-term, and so better understanding engagement in these behaviors can help researchers develop interventions to improve college student health.

Funding Mechanism: Start-up funds.

Role: Co-investigator

PI: J. Dodd, PhD

Completed Research Support

Title: Neurobehavioral assessments of RDoC domains to detect preschool mood disorders.

Summary: The goal of this study is to identify neurophysiological and behavioral assessments of RDoC domains that map onto depression and anxiety in preschool-aged children.

Funding Mechanism: National Institute for Mental Health (1R03MH102648-01A1; 9/1/14-8/31/16)

Role: Postdoctoral Research Fellow

Primary Investigators: K. Rosenblum (PI) Fitzgerald (Co-PI)

IRB Status: Approved

Title: Maternal Anxiety During the Childbearing Years (MACY).

Summary: The goal of the MACY project is to longitudinally evaluate the effects of a history of childhood maltreatment on mothers' postpartum psychosocial adaptation, parenting, mental health, and attachment.

Funding Mechanisms: National Institute of Health-Michigan Mentored Clinical Scholars Program (K12 RR017607-04); the National Institute of Mental Health -Career Development Award K23 (K23 MH080147-01); and the Michigan Institute for Clinical and Health Research (MICHHR, UL1TR000433).

Role: Postdoctoral Research Fellow

M. Muzik (PI)

Title: Neurocircuitry Underlying Caregiving in Healthy Mothers and Non-Mothers

Summary: This grant proposes to study the brain circuits of care-giving and parenting.

Funding Mechanism: Michigan Institute for Clinical Health Research (02/01/12 - 09/30/12)

Role: Postdoctoral Research Fellow

J. Swain & S. Brown (Co-PI's)

Title: Transmission of Emotion Regulation: From Maternal Brain to Child Behavior

Summary: The goal of this grant is to support efforts to gather pilot data on the brain circuits of maternal parenting thoughts and responses in the context of emotion regulation

Funding Mechanism: Michigan Institute for Clinical Health Research (02/01/12 - 11/15/12)

Role: Postdoctoral Research Fellow

M. Muzik (PI)

Title: Behavioral and physiological mother-child synchrony as a moderator of genetic risk in a preschool sample.

Summary: This study examined parent-child match in cortisol reactivity, heart rate variability, and behaviors (i.e., shared emotion, cooperativeness) in response to challenging laboratory tasks, in a community sample of mothers and their preschool-age children. Behavioral and physiological synchrony will be examined as a moderator of risk between maternal genetic risk and child emotional and psychological outcomes.

Funding Mechanisms: National Institute on Drug Abuse (P30 DA027827) Parent Grant awarded to the University of Georgia Center for Contextual Genetics and Prevention Science (9/1/2010-6/30/2014); University of Georgia Provost Research Program (5/30/2012-5/30/2013) and William A. and Barbara R. Institute for Behavioral Research at the University of Georgia (6/2010-5/2012).

Role: Graduate Research Assistant

C. Suveg & A. Shaffer (PIs)

Title: Emotional development in children: Socialization effects and links to psychopathology

Summary: This study examined emotion-related competencies in youth that are crucial for adaptive psychological functioning and mechanisms through which these competencies develop (i.e., through parental socialization behaviors).

Funding Mechanism: University of Georgia Research Foundation (1/06-5/08).

Role: Graduate Research Assistant

C. Suveg (PI)

Title: Nationality differences in children's emotion management: A comparison of African and American youth.

Summary: This study examined emotion regulation and mental health outcomes in a sample of youth living in Ghana, Kenya, and the United States.

Funding Mechanism: Reves Center for International Study, College of William and Mary (06/09 - 06/10).

Role: Graduate Research Assistant

J. Zeman (PI)

Title: Children's emotion regulation across and within nations: A Comparison of Ghanaian and American Youth

Summary: This study examined emotion regulation abilities in a sample of youth living in a rural village in Ghana. Contextual comparisons included within nation (i.e., Ghanaian children living in an orphanage vs. children living with families) as well as across nations (i.e., Ghanaian children compared to age and sex-matched peers living in the U.S.).

Funding Mechanism: Monroe Scholarship, College of William & Mary (05/09 – 05/10)

Role: PI

Janice Zeman (Faculty Advisor)

CLINICAL EXPERIENCE

Child and Adolescent Psychology Postdoctoral Fellow

9/14 - Present

Supervisors: Angela Fish, Ph.D., Polly Gipson, Ph.D., Maria Muzik, M.D., Kate Rosenblum, Ph.D.

- **Perinatal Clinic**
 - Assessments and evidence-based treatment with women experiencing mental health difficulties during the perinatal period, infertility related stress, and/or perinatal loss.
- **Infant and Early Childhood Clinic**
 - This clinic serves families with young children (ages 18 months – 6 years of age).
 - Conduct assessments and diagnostic services within a developmental and family relationship framework, and include parent interviews, structured assessments of family interactions (including strange situation paradigm), and guided video feedback review with parents
 - Conduct child-parent psychotherapy with parents of young children
- **Frankel Psychotherapy Program: Community Mental Health in Primary Care Setting**
 - Conduct weekly individual/family therapy with children/adolescents referred by pediatricians.
 - Therapy offered in primary care setting to facilitate access to high risk population
- **Autism Assessment Clinic**
 - Conduct multidisciplinary assessments using ADOS and ADI

Psychology Intern at the Virginia Treatment Center for Children

07/13 – 7/14

Supervisors: Leslie Kimball-Franck, Ph.D, Earl Turner, Ph.D., Julie Linker, Ph.D.

- **Acute Inpatient Rotation**
 - Conducted daily individual/family therapy with children/adolescents admitted to acute inpatient unit for suicidal ideation/attempts, homicidal ideation/attempts, and/or psychotic symptoms
 - Participated in daily team rounds with MDs, nurses, social workers, occupational therapists, and recreational therapists
 - Provided case management for families to ensure follow up services would be provided following discharge
 - Served as a peer supervisor to junior colleagues (i.e., doctoral students earlier in their clinical training)
- **Child and Adolescent Assessment Team**
 - Administered, scored, wrote integrated reports, and provided feedback for diagnostic, personality, and cognitive assessments
 - Training and practice using the ADOS for assessment of Autism Spectrum Disorders
- **Consultation/Liaison Rotation**
 - Served as mental health and child development expert on interdisciplinary team in a Craniofacial Clinic

- Provided psychological evaluations in the pediatric emergency department for behavioral health concerns (e.g., suicidality, trauma, behavior problems)
- Provided consultation for any pediatric mental/behavioral health needs in Children's Hospital (e.g., trauma, eating disorders)
- **Outpatient Rotation**
 - Conducted weekly psychotherapy for children, adolescents, and families using a variety of empirically supported techniques.

Therapist-in-training in the University of Georgia Psychology Clinic **08/08 – 05/13**

Supervisors: Cindy Suveg, Ph.D., Anne Shaffer, Ph.D., Sarah Fischer, Ph. D., and Joan Jackson, Ph. D.

- **Child and Family Therapy Team**
 - Conducted weekly psychotherapy with children, adolescents, and families using a variety of cognitive-behavioral and empirically-supported techniques.
 - Treated children and adolescents with presenting problems include anxiety disorders, depression, child behavior disorders, family conflict, and adjustment issues.
 - Performed psychological evaluations for suspected learning disabilities or ADHD.
- **Dialectical Behavior Therapy Adolescent and Adult Team**
 - Conducted Dialectical Behavior Therapy (DBT) with adults with Borderline Personality Disorder (BPD).
 - Lead DBT skills group with adolescents who have Bulimia and BPD pathology.
 - Participated in consult team that involved weekly clinical consultation, weekly supervision, and a 24/7 on call pager protocol.
 - Administered, scored, and provided feedback for the MMPI.
- **Group Therapy at a Domestic Violence Shelter**
 - Planned and lead weekly group skills-based therapy for women living in a domestic violence shelter.
- **Goodwill Disability Assessment**
 - Performed psychological evaluations for adults suspected of learning disorders or mental retardation.

Student Supervisor in the University of Georgia Psychology Clinic **08/11 – 06/13**

- Provided weekly individual supervision to junior therapists-in-training

Child Assessment Externship **01/12 – 06/13**

Made for Kids, Inc. 1150 S Milledge Ave, Ste 4, Athens, GA; Supervisor: Anna Edwards, Ph. D.

- Scored various measures for ADHD, LD, PDD, and general psychoeducational evaluations
- Wrote assessment reports integrating the various sources of information

Accompaniment Advocate for the Sexual Assault Center of Northeast Georgia **08/10 – 06/13**

- Accompanied survivors of sexual abuse or sexual assault to their forensic exam.
- Provided support and education to survivors about legal and medical services available to them.
- Worked collaboratively with law enforcement and health care professionals to ensure the survivor was informed of all options and laws surrounding reporting sexual assault.

Consultant for Pearson WPPSI-IV Reliability Study **07/12**

- Scored the Similarities, Vocabulary, Comprehension, Information, and Picture Naming subtests from the WPPSI-IV for 60 children

Head Start Assessment Practicum **01/12 – 05/12**

- Observed Head Start classrooms in the counties surrounding Athens
- Wrote reports summarizing classroom observations, concerns, and recommendations for improvement
- Provided emotional/behavioral assessments for children who are having difficulty in the classroom
- Worked collaboratively with Head Start staff and teachers to maximize the utility of services

Residential counselor and therapeutic activity instructor for Wediko Children's Services **05/07-08/07**

The Wediko Summer Program is a residential, psycho-educational treatment program, serving children and adolescents, ages 7- 18, with serious emotional and behavioral disabilities

- Attended lectures and case conferences during two weeks of orientation
- Received 750 hours of supervised clinical experience under trained psychologists

TEACHING EXPERIENCE

<i>Assistant professor, Evidence-Based Interventions</i> , graduate course, 6 students	Fall 2017
<i>Assistant professor, Introduction to Psychology</i> , undergraduate course, 30 students	Summer 2017
<i>Assistant professor, Developmental Psychopathology Lab</i> , undergraduate research lab, 7 students	01/17-current
<i>Assistant professor, Clinical Practicum</i> , graduate course, 12 students	Spring 2017, Fall 17
<i>Assistant professor, Advanced Psychopathology</i> , graduate course, 6 students	Fall 2016
<i>Instructor of record, Abnormal Psychology</i> , advanced undergraduate course, 43 students	Summer 2012
<i>Instructor of record, Psychology of Adjustment</i> , Introductory undergraduate course, 85 students	Fall 2011-Sp. 12
<i>Teaching assistant, Elementary Psychology</i> , introductory undergraduate course, 40 students	Summer 2011
<i>Teaching assistant, Psychopathology</i> , advanced undergraduate seminar, 5 students	Summer 2011
<i>Teaching assistant, Human Sexuality</i> , advanced undergraduate course, 85 students	Fall 2010-Sp. 2011
<i>Teaching assistant, Psychology of Adjustment</i> , introductory undergraduate course, 60 students	Fall 2009-Sp. 10
<i>Teaching assistant, Abnormal Psychology</i> , advanced undergraduate course, 80 students	Fall 2008

PROFESSIONAL MEMBERSHIPS

Society for Research in Child Development
 Society of Clinical Child and Adolescent Psychology, Division 53 APA
 Association for Infant Mental Health in Tennessee
 Tennessee Psychological Association
 Intermountain Psychologist Association