

The

CULTURAL LINK

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SEPTEMBER
2004

Hispanic Heritage Month

Question of the Month!

The answer to the August question:

Elizabeth Blackwell, M.D.

is the woman widely considered to be the first American woman to receive an academic medical degree, awarded in 1849.

September Question:

What subgroup among Hispanic children have the highest prevalence of asthma?

Email your responses to
<nwosu@mail.etsu.edu> by 4:30 pm on
September 24th. Please include your full name and telephone number with your response.

DID YOU KNOW?

Hispanics are now the largest minority population in this country, comprising 14% of the US population with 38.8 million in the US and 3.8 million in Puerto Rico.

The [National Alliance for Hispanic Health](#) is the Nation's oldest and largest network of Hispanic health and human service providers. Their website is a portal with links to news, research, Spanish-English health education materials, policy analysis, advocacy tools, and other information to help providers improve care to Hispanic populations.

Hispanic women are seven times more likely to contract AIDS compared to non-Hispanic white women

Nearly one in four cases of AIDS reported in children under the age of 13 is among Latinos.

Arts, Cultural, and Health Awareness Activities on Campus	
Date /Time	Event: For location, CTRL & click to follow links
9/15 at 12 PM	Women's Resource Center Book Review Group
9/21 at 11 AM	Hispanic Music with Brim Leal
9/23 at 2:30 PM	Hispanic Dance Lessons
9/29 at 2:30 PM	Hispanic Dance Lessons
9/30 at 10 AM	Latino Heritage Museum
10/5 & 10/7 at 2:30 PM	Hispanic Dance Lessons

SEPTEMBER HEALTH OBSERVANCES TOPICS OF INTEREST IN THIS ISSUE

- National Hispanic Heritage Month, 9/15—10/15
- Healthy Aging Month
- Leukemia & Lymphoma Awareness Month
- Suicide Prevention Week, 9/15— 9/11

OTHER HEALTH AWARENESS TOPICS IN SEPTEMBER

- Baby Safety Month
- Gynecologic Cancer Awareness Month
- Cholesterol Education Month
- Sickle Cell Month
- Prostate Cancer Awareness Month
- Children's Eye Health & Safety Month
- Food Safety Education Month
- Ovarian Cancer Awareness Month
- Osteopathic Medicine Month
- Pediculosis Prevention Month
- Alcohol & Drug Addiction Recovery Month
- Rey's Syndrome Week, 9/12 to 9/18
- Take a Loved One to the Doctor Day 9/21
- Adult Immunization Awareness Week 9/26 to 10/2
- Women's Health & Fitness Day, 9/24
- Family Health & Fitness Day, 9/27

MILD, HOT, HOTTER
[DELICIOUS HEART-HEALTHY
LATINO RECIPES](#)



ARTICLE OF THE MONTH

Reyes C, Van de Putte L, Falcon, AP, Levy, RA, "Genes, culture, and medicines: bridging gaps in treatment for Hispanic Americans" National Alliance for Hispanic Health. Washington DC; February 2004.

National Alliance for Hispanic Health links to full article, selected facts and findings

<http://www.hispanichealth.org/genes.lasso>

Description: The article discusses disparities in the medical treatment of Hispanics. Key findings were that Hispanics have less access to medications and to advances in medicine, have genetic and other factors that effect metabolism of medications, often have coexisting conditions that affect optimal dosage, and face cultural and communication issues that impact drug therapy. Reported research showed variations in drug metabolism and optimal dosage among Hispanic subgroups. The report proposed four key recommendations for reducing disparities and improving access to pharmaceutical therapy for Hispanic patients.

HEALTH LINKS ON DIVERSITY

The listing below represent just a few of the available resources intended to promote knowledge, awareness, and discussions for our students and faculty. If links do not work, copy and paste URL in your browser.

Category	Title
Hispanic Health	<p>"Millions of Hispanics at Increased Risk for Type 2 Diabetes" Report on a bilingual, culturally appropriate program, "Let's Prevent Type 2 Diabetes: Step by Step," developed from a clinical trial to delay or prevent type 2 diabetes in the Hispanic population at risk for the disease, National Institutes of Health. http://www.nih.gov/news/pr/june2004/niddk-29.htm</p> <p>HIV/AIDS Among Hispanics in the US <http://www.cdc.gov/hiv/pubs/facts/hispanic.htm></p>
Healthy Aging Month	<p>"Race Influences Vaccination Rate Among Older Adults" Work Group on Minority Aging Newsletter, pg. 5 <http://www.nia.nih.gov/NewsAndEvents/WorkGroupOnMinorityAging.htm></p> <p>Racial & Ethnic Composition of US Population: 2000, 2050 http://www.agingstat.gov/chartbook2000/population.html#Indicator%202</p>
Leukemia & Lymphoma Awareness Month	<p>Leukemias: US Racial/Ethnic Cancer Patterns http://www.nci.nih.gov/statistics/cancertype/leukemias-racial-ethnic</p>
National Rehabilitation Week	<p>Journal of Rehabilitation, April – June 1992 Click on month/year then click preferred article "Cultural issues in the rehabilitation of Hispanics" by Julie Smart "Traditional Native American values: conflict or concordance in rehabilitation?" by Susan Kelley "Multicultural clinical interactions – multiple cultures in rehabilitation" by Maureen H. Fitzgerald http://www.findarticles.com/p/articles/mi_mo825/is-n2_v58</p>
Suicide Prevention Week	<p>Depression in Racial and Ethnic Minorities http://www.healtyplace.com/Communities/Depression/minorities.asp</p>

For more information or assistance contact Elaine Evans, Reference Assistant, COM Library, evanse@etsu.edu.