

**Local Food Economies:
the Advantages of Growing and Selling Food
Locally, on a Small Scale
Individualized syllabus for Ivy C.
ENVS 4950 Environmental Studies Seminar, ETSU, Spring 2015**

Last update: February 25, 2015

Statement of Purpose:

I am interested in how we can make locally grown foods more available to the general population, and teaching people how to grow their own food in order to live more self-sustainable lifestyles. The advantages of generating sustainable food production includes general environmental benefits, economic perks to individuals, and superior physical and mental health.

Additional Texts:

- 1.) *Animal, Vegetable, Miracle: A Year of Food Life*. Barbara Kingsolver. New York, NY. 2007.
- 2.) *The Omnivore's Dilemma: A Natural History of Four Meals*. Michael Pollan. New York, NY. 2006

Service Placement:

Build It Up East Tennessee, Johnson City, TN
<http://zval33.wix.com/builditupetn>

Mission: "To improve the health of our community and economy and preserve our region's cultural heritage through the promotion of local, sustainably grown food. We aim to provide producers with greater access to markets and to provide consumers with greater access to affordable, nutritious food twelve months a year."

Supervisor: Taylor Malone – Program Leader

Duties: I intend to work approximately 3 hours/week on this project.

I will assist with installing rain barrels at the Mountain Home Food Forest and at the Alternative High School; planting trees and ground cover at the Tree Streets Food Forest and Alternative High School; starting seeds for the Tree Streets Food Forest; pruning at the Mountain Home Food Forest and Tree Streets Food Forest; sheet mulching at the Mountain Home Food Forest and Alternative High School; teaching high schoolers about gardening; and building a cold frame for the Tree Streets Food Forest.