# Calculus 1

#### Chapter 5. Integrals 5.3. The Definite Integral—Examples and Proofs



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**Exercise 5.3.6.** Express the limit  $\lim_{\|P\|\to 0}$  $\sum_{n=1}^{n}$  $k=1$  $\sqrt{4-c_k^2}\,\Delta x_k$ , where  $P$  is a partition of  $[0, 1]$ , as a definite integral.

**Solution.** With  $P = \{x_0, x_1, ..., x_n\}$  a partition of  $[a, b] = [0, 1]$ , **Solution.** With  $P = \{x_0, x_1, ..., x_n\}$  a partition of  $[a, b] = [0, 1]$ ,<br>  $c_k \in [x_{k-1}, x_k]$ ,  $\Delta x_k = x_k - x_{k-1}$ , and  $f(x) = \sqrt{4 - x^2}$  we have that

<span id="page-2-0"></span>
$$
\lim_{\|P\| \to 0} \sum_{k=1}^n \sqrt{4 - c_k^2} \, \Delta x_k = \int_a^b f(x) \, dx = \left[ \int_0^1 \sqrt{4 - x^2} \, dx \right]. \quad \Box
$$

**Exercise 5.3.6.** Express the limit  $\lim_{\|P\|\to 0}$  $\sum_{n=1}^{n}$  $k=1$  $\sqrt{4-c_k^2}\,\Delta x_k$ , where  $P$  is a partition of  $[0, 1]$ , as a definite integral.

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$$
\lim_{\|P\| \to 0} \sum_{k=1}^n \sqrt{4-c_k^2} \,\Delta x_k = \int_a^b f(x) \, dx = \boxed{\int_0^1 \sqrt{4-x^2} \, dx}.
$$

### Example 5.3.1

**Example 5.3.1.** Show that the function  $f(x) = \begin{cases} 1, & \text{if } x \text{ is rational} \\ 0, & \text{if } y \text{ is irrational} \end{cases}$ 0, if  $x$  is irrational is not Riemann integrable over the interval [0, 1].

<span id="page-4-0"></span>**Solution.** If f is Riemann integrable on  $[0,1]$  then by the definition of definite integral,  $\,\int^1$ 0  $f(x) dx = \lim_{\|P\| \to 0}$  $\sum_{n=1}^{\infty}$  $k=1$  $f(c_k)$   $\Delta x_k$  for any choice of  $c_k \in [x_{k-1}, x_k]$ . Now in any interval  $[x_{k-1}, x_k]$  there are both rational and irrational numbers.

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**Solution.** If f is Riemann integrable on [0, 1] then by the definition of definite integral,  $\int^1$ 0  $f(x) dx = \lim_{\|P\| \to 0}$  $\sum_{n=1}^{n}$  $_{k=1}$  $f(c_k)\Delta x_k$  for any choice of  $c_k \in [x_{k-1}, x_k]$ . Now in any interval  $[x_{k-1}, x_k]$  there are both rational and irrational numbers. So we can choose each  $c_k$  to be rational in which case each  $f(\mathit{c}_k)=1$  and  $\int^1$ 0  $f(x) dx = \lim_{\|P\| \to 0}$  $\sum_{n=1}^{n}$  $_{k=1}$  $f(c_k)\Delta x_k =$  $\lim\limits_{\parallel P\parallel\rightarrow 0}$  $\sum_{n=1}^{n}$  $k=1$  $(1)$   $\Delta x_k = \lim\limits_{\|P\| \rightarrow 0}$  $\sum_{n=1}^{n}$  $k=1$  $\Delta x_k = \lim\limits_{\parallel P \parallel \to 0} 1 = 1$  since the sum of the length of the subintervals is the length of [0, 1] (namely 1).

# Example 5.3.1 (continued)

**Example 5.3.1.** Show that the function  $f(x) = \begin{cases} 1, & \text{if } x \text{ is rational} \\ 0, & \text{if } y \text{ is irrational} \end{cases}$ 0, if  $x$  is irrational is not Riemann integrable over the interval [0, 1].

**Solution (continued).** We can also choose each  $c_k$  to be irrational in which case each  $f(\mathit{c}_k)=0$  and  $\int^{1}$ 0  $f(x) dx = \lim_{\|P\| \to 0}$  $\sum_{n=1}^{n}$  $k=1$  $f(c_k)\Delta x_k =$  $\lim\limits_{\parallel P\parallel\rightarrow 0}$  $\sum_{k=1}^{n} (0) \Delta x_k = \lim_{\|P\| \to 0}$  $k=1$ <br> $\int_{-L}^{1} f(x) dx = 1$  $\sum_{k=1}^{n} 0 = \lim_{\|P\| \to 0} 0 = 0.$  But we cannot have both 0  $f(x) dx = 1$  and  $\int_1^1$ 0  $f(x)\,dx=0$ , so  $f$  is not Riemann integrable over  $\overline{0}$  11  $\overline{1}$ 

# Example 5.3.1 (continued)

**Example 5.3.1.** Show that the function  $f(x) = \begin{cases} 1, & \text{if } x \text{ is rational} \\ 0, & \text{if } y \text{ is irrational} \end{cases}$ 0, if  $x$  is irrational is not Riemann integrable over the interval [0, 1].

**Solution (continued).** We can also choose each  $c_k$  to be irrational in which case each  $f(\mathit{c}_k)=0$  and  $\int^{1}$ 0  $f(x) dx = \lim_{\|P\| \to 0}$  $\sum_{n=1}^{n}$  $k=1$  $f(c_k)\Delta x_k =$  $\lim\limits_{\parallel P\parallel\rightarrow 0}$  $\sum_{k=1}^{n} (0) \Delta x_k = \lim_{\|P\| \to 0}$  $k=1$ <br> $\int_{-1}^{1} f(x) dx = 1$  and  $\int_{-1}^{1} f(x) dx$  $\sum_{i=1}^{n} 0 = \lim_{\|P\| \to 0} 0 = 0$ . But we cannot have both 0  $f(x)$   $dx = 1$  and  $\int_1^1$ 0  $f(x)\,dx=0$ , so  $f$  is not Riemann integrable over  $[0, 1]$ .  $\Box$ 

#### Theorem 5.2

**Theorem 5.2. Rules Satisfied by Definite Integrals.** Suppose f and g are integrable over the interval  $[a, b]$ . Then:

3. Constant Multiple: 
$$
\int_{a}^{b} kf(x) dx = k \int_{a}^{b} f(x) dx
$$

4. Sum and Difference:  
\n
$$
\int_{a}^{b} (f(x) \pm g(x)) dx = \int_{a}^{b} f(x) dx \pm \int_{a}^{b} g(x) dx
$$

6. Max-Min Inequality: If max f and min f are the maximum and minimum values of f on  $[a, b]$ , then

<span id="page-9-0"></span>
$$
\min f \cdot (b-a) \leq \int_a^b f(x) \, dx \leq \max f \cdot (b-a).
$$

7. *Domination*:  $f(x) \geq g(x)$  on  $[a,b] \Rightarrow \int^b$ a  $f(x) dx \geq \int^b$ a  $g(x) dx$ .

# Theorem 5.2 (continued 1)

**Theorem 5.2. Rules Satisfied by Definite Integrals.** Suppose f and g are integrable over the interval  $[a, b]$ . Then:

3. Constant Multiple: 
$$
\int_{a}^{b} cf(x) dx = c \int_{a}^{b} f(x) dx
$$
.  
\n**Proof.** Let *P* be a partition of [*a*, *b*] and let  $\sum_{k=1}^{n} f(c_k) \Delta x_k$  be an associated Riemann sum. Then  $\int_{a}^{b} f(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_k) \Delta x_k$  and

$$
\int_{a}^{b} cf(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} cf(c_k) \Delta x_k
$$
  
= 
$$
\lim_{\|P\| \to 0} c \sum_{k=1}^{n} f(c_k) \Delta x_k
$$
 since multiplication  
distributions over addition

 $\bullet$ 

# Theorem 5.2 (continued 2)

**Theorem 5.2. Rules Satisfied by Definite Integrals.** Suppose f and g are integrable over the interval  $[a, b]$ . Then:

3. Constant Multiple: 
$$
\int_{a}^{b} cf(x) dx = c \int_{a}^{b} f(x) dx.
$$

Proof (continued). ...

$$
\int_{a}^{b} cf(x) dx = \lim_{\|P\| \to 0} c \sum_{k=1}^{n} f(c_k) \Delta x_k
$$
  
= 
$$
c \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_k) \Delta x_k
$$
 by the Constant Multiple Rule,  
Theorem 2.1(3)  
= 
$$
c \int_{a}^{b} f(x) dx,
$$

as claimed.

# Theorem 5.2 (continued 3)

Theorem 5.2. Rules Satisfied by Definite Integrals. Suppose  $f$  and  $g$ are integrable over the interval  $[a, b]$ . Then:

4. Sum and Difference:  
\n
$$
\int_{a}^{b} (f(x) \pm g(x)) dx = \int_{a}^{b} f(x) dx \pm \int_{a}^{b} g(x) dx.
$$
\nProof (continued). Let *P* be a partition of [a, b] and let  $\sum_{k=1}^{n} f(c_k) \Delta x_k$ 

and 
$$
\sum_{k=1}^{n} g(c_k) \Delta x_k
$$
 be associated Riemann sums. Then by definition  
\n
$$
\int_{a}^{b} f(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_k) \Delta x_k
$$
 and  
\n
$$
\int_{a}^{b} g(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} g(c_k) \Delta x_k
$$
, so  
\n
$$
\int_{a}^{b} f(x) dx \pm \int_{a}^{b} g(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_k) \Delta x_k \pm \lim_{\|P\| \to 0} \sum_{k=1}^{n} g(c_k) \Delta x_k
$$

# Theorem 5.2 (continued 4)

### Proof (continued). ...

$$
\int_{a}^{b} f(x) dx \pm \int_{a}^{b} g(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_{k}) \Delta x_{k} \pm \lim_{\|P\| \to 0} \sum_{k=1}^{n} g(c_{k}) \Delta x_{k}
$$
  
\n
$$
= \lim_{\|P\| \to 0} \left( \sum_{k=1}^{n} f(c_{k}) \Delta x_{k} \pm \sum_{k=1}^{n} g(c_{k}) \Delta x_{k} \right)
$$
  
\nby the Sum and Difference Rules, Theorem 2.1(1 and 2)  
\n
$$
= \lim_{\|P\| \to 0} \left( \sum_{k=1}^{n} (f(c_{k}) \Delta x_{k} \pm g(c_{k}) \Delta x_{k}) \right)
$$
  
\nby commutivity and addition and subtraction  
\n
$$
= \lim_{\|P\| \to 0} \left( \sum_{k=1}^{n} (f(c_{k}) \pm g(c_{k})) \Delta x_{k} \right)
$$
since multiplication

distributes over addition

# Theorem 5.2 (continued 5)

**Theorem 5.2. Rules Satisfied by Definite Integrals.** Suppose f and g are integrable over the interval  $[a, b]$ . Then:

4. Sum and Difference:  
\n
$$
\int_{a}^{b} (f(x) \pm g(x)) dx = \int_{a}^{b} f(x) dx \pm \int_{a}^{b} g(x) dx.
$$

Proof (continued). ...

$$
\int_{a}^{b} f(x) dx \pm \int_{a}^{b} g(x) dx = \lim_{\|P\| \to 0} \left( \sum_{k=1}^{n} (f(c_{k}) \pm g(c_{k})) \Delta x_{k} \right)
$$
  
= 
$$
\int_{a}^{b} (f(x) \pm g(x)) dx,
$$

since 
$$
\int_a^b (f(x) \pm g(x)) dx = \lim_{\|P\| \to 0} \left( \sum_{k=1}^n (f(c_k) \pm g(c_k)) \Delta x_k \right)
$$
, by definition.

# Theorem 5.2 (continued 6)

**Theorem 5.2. Rules Satisfied by Definite Integrals.** Suppose f and g are integrable over the interval  $[a, b]$ . Then:

> 6. Max-Min Inequality: If max f and min f are the maximum and minimum values of f on  $[a, b]$ , then

$$
\min f \cdot (b-a) \leq \int_a^b f(x) \, dx \leq \max f \cdot (b-a).
$$

 $k=1$ 

**Proof (continued).** Let  $P$  be a partition of [a, b] and let  $\sum_{k=1}^{n} f(c_k) \Delta x_k$  $k=1$ 

be an associated Riemann sum. Then by definition  $\int_a^b f(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^n f(c_k) \Delta x_k$ . Notice that min  $f \leq f(c_k) \leq \max f$  for all  $c_k \in [a, b]$  and  $\sum_{k=1}^{n} \Delta x_k = (b - a)$ .

# Theorem 5.2 (continued 7)

Proof (continued). So we have

$$
\int_{a}^{b} f(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_k) \Delta x_k \ge \lim_{\|P\| \to 0} \sum_{k=1}^{n} \min f \Delta x_k
$$
  
\n
$$
= \lim_{\|P\| \to 0} \min f \sum_{k=1}^{n} \Delta x_k \text{ since multiplication}
$$
  
\ndistributions over addition  
\n
$$
= \min f \lim_{\|P\| \to 0} \sum_{k=1}^{n} \Delta x_k \text{ by the Constant Multiple Rule,}
$$
  
\nTheorem 2.1(3)  
\n
$$
= \min f \lim_{\|P\| \to 0} (b - a) \text{ since } \sum_{k=1}^{n} \Delta x_k = b - a
$$
  
\n
$$
= \min f \cdot (b - a),
$$

as claimed.

# Theorem 5.2 (continued 8)

#### Proof (continued). Similarly,

$$
\int_{a}^{b} f(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_{k}) \Delta x_{k} \le \lim_{\|P\| \to 0} \sum_{k=1}^{n} \max f \Delta x_{k}
$$
  
\n
$$
= \lim_{\|P\| \to 0} \max f \sum_{k=1}^{n} \Delta x_{k} \text{ since multiplication}
$$
  
\ndistributions over addition  
\n
$$
= \max f \lim_{\|P\| \to 0} \sum_{k=1}^{n} \Delta x_{k} \text{ by the Constant Multiple Rule,}
$$
  
\nTheorem 2.1(3)  
\n
$$
= \max f \lim_{\|P\| \to 0} (b - a) \text{ since } \sum_{k=1}^{n} \Delta x_{k} = b - a
$$
  
\n
$$
= \max f \cdot (b - a),
$$

as claimed.

# Theorem 5.2 (continued 9)

**Theorem 5.2. Rules Satisfied by Definite Integrals.** Suppose f and g are integrable over the interval  $[a, b]$ . Then:

7. *Domaination:* 
$$
f(x) \ge g(x)
$$
 on  $[a, b] \Rightarrow \int_a^b f(x) dx \ge \int_a^b g(x) dx$ .

**Proof (continued).** Let  $P$  be a partition of [a, b] and let  $\sum_{k=1}^{n} f(c_k) \Delta x_k$  $k=1$ 

and  $\displaystyle{\sum^n_{-\!\!1} g(c_k) \,\Delta x_k}$  be associated Riemann sums. Then by definition  $k=1$  $\int_a^b f(x)\,dx = \lim_{\|P\|\to 0} \sum_{k=1}^n f(c_k) \,\Delta x_k$  and  $\int_a^b g(x)\,dx=\lim_{\|P\|\to 0}\sum_{k=1}^n g(c_k)\,\Delta x_k.$  Since  $f(x)\geq g(x)$  on  $[a,b]$  then  $f(c_k) > g(c_k)$  for all  $c_k \in [a, b]$ , and so

$$
\int_{a}^{b} f(x) dx = \lim_{\|P\| \to 0} \sum_{k=1}^{n} f(c_k) \Delta x_k \ge \lim_{\|P\| \to 0} \sum_{k=1}^{n} g(c_k) \Delta x_k = \int_{a}^{b} g(x) dx. \ \Box
$$

#### Exercise 5.3.10

**Exercise 5.3.10.** Suppose that  $f$  is  $h$  are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find  $\left(a\right)\ \int^{9}$ 1  $-2f(x) dx$ , **(b)**  $\int_{0}^{9}$ 7  $(f(x) - h(x)) dx$ , (c)  $\int^9$ 7  $(2f(x) - 3h(x)) dx$ , **(d)**  $\int_0^1$ 9  $f(x) dx$ , (e)  $\int_0^7$ 1  $f(x)$  dx, and (f)  $\int^7$ 9  $(h(x) - f(x)) dx$ .

Solution. (a) We have

<span id="page-19-0"></span> $\int^9$ 1  $-2f(x) dx = -2 \int_{0}^{9}$ 1  $f(x)$  dx by Constant Multiple Rule, Thm 5.2(3)  $= -2(-1) = 2$  since  $\int_{0}^{9} f(x) dx = -1$ .  $\Box$ 1

#### Exercise 5.3.10

**Exercise 5.3.10.** Suppose that  $f$  is  $h$  are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find  $\left(a\right)\ \int^{9}$ 1  $-2f(x) dx$ , **(b)**  $\int_{0}^{9}$ 7  $(f(x) - h(x)) dx$ , (c)  $\int^9$ 7  $(2f(x) - 3h(x)) dx$ , **(d)**  $\int_0^1$ 9  $f(x) dx$ , (e)  $\int_0^7$ 1  $f(x)$  dx, and (f)  $\int^7$ 9  $(h(x) - f(x)) dx$ .

Solution. (a) We have

 $\int_0^9$ 1  $-2f(x) dx = -2 \int_0^9$ 1  $f(x)$  dx by Constant Multiple Rule, Thm 5.2(3)  $= -2(-1) = 2$  since  $\int_0^9$ 1  $f(x) dx = -1.$ 

### Exercise 5.3.10 (continued 1)

**Exercise 5.3.10.** Suppose that  $f$  is  $h$  are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find  $\left(\mathbf{b}\right)\ \int^{9}$ 7  $(f(x) - h(x)) dx$ .

Solution (continued). (b) We have

$$
\int_{7}^{9} (f(x) - h(x)) dx = \int_{7}^{9} f(x) dx - \int_{7}^{9} h(x) dx
$$
  
by the Difference Rule, Theorem 5.2(4)  

$$
= (5) - (4) = 1 \text{ since } \int_{7}^{9} f(x) dx = 5
$$
  
and 
$$
\int_{7}^{9} h(x) dx = 4. \quad \Box
$$

# Exercise 5.3.10 (continued 2)

**Exercise 5.3.10.** Suppose that  $f$  is  $h$  are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find  $\left(\mathbf{c}\right)\ \int^{9}$ 7  $(2f(x) - 3h(x)) dx$ .

**Solution (continued). (c)** We have  $\int^9$ 7  $(2f(x) - 3h(x)) dx =$ 

$$
= \int_{7}^{9} 2f(x) dx + \int_{7}^{9} -3h(x) dx
$$
 by the Sum Rule, Theorem 5.2(4)  
\n
$$
= 2 \int_{7}^{9} f(x) dx - 3 \int_{7}^{9} h(x) dx
$$
 by Constant Mult. Theorem 5.2(3)  
\n
$$
= 2(5) - 3(4) = -2
$$
 since  $\int_{7}^{9} f(x) dx = 5$  and  $\int_{7}^{9} h(x) dx = 4$ .

# Exercise 5.3.10 (continued 3)

**Exercise 5.3.10.** Suppose that f is h are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find  $\left(\mathsf{d}\right) \,\int^{1}$ 9  $f(x)$  dx.

Solution (continued). (d) We have

 $\int_0^1$ 9  $f(x) dx = -\int_0^9$ 1  $f(x)$  dx by the Order of Integration, Theorem 5.2(1)  $=$   $-(-1) = 1$  since  $\int^9$ 1  $f(x) dx = -1.$ 

### Exercise 5.3.10 (continued 4)

**Exercise 5.3.10.** Suppose that  $f$  is  $h$  are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find (e)  $\int^7$ 1  $f(x)$  dx.

Solution (continued). (e) By Additivity (Theorem 5.2(5)) we have  $\int$ <sup>7</sup> 1  $f(x) dx + \int_0^9$ 7  $f(x) dx = \int_0^9$ 1  $f(x)$  dx, then  $\int_0^7$ 1  $f(x) dx = \int_0^9$ 1  $f(x) dx - \int_0^9$ 7  $f(x)$  dx. So  $\int_0^7$ 1  $f(x) dx = (-1) - (5) = -6$ , since  $\int_0^9$ 1  $f(x) dx = -1$  and  $\int_0^9$ 7  $f(x) dx = 5.$ 

### Exercise 5.3.10 (continued 5)

**Exercise 5.3.10.** Suppose that  $f$  is  $h$  are integrable and that  $\int_0^9$ 1  $f(x) dx = -1, \int_0^9$ 7  $f(x)$   $dx = 5$ , and  $\int^9$ 7  $h(x) dx = 4$ . Use the rules in Theorem 5.2 to find  $\left(\mathbf{f}\right) \int_{0}^{7}$ 9  $(h(x) - f(x)) dx$ .

**Solution (continued). (f)** We have  $\int^7$ 9  $(h(x) - f(x)) dx =$ 

$$
= \int_9^7 h(x) dx - \int_9^7 f(x) dx
$$
 by the Difference Rule, Theorem 5.2(4)  
\n
$$
= -\int_7^9 h(x) dx + \int_7^9 f(x) dx
$$
 by Order of Integration, Theorem 5.2(1)  
\n
$$
= -(4) + (5) = \boxed{1}
$$
 since  $\int_7^9 f(x) dx = 5$  and  $\int_7^9 h(x) dx = 4$ .  $\Box$ 

**Exercise 5.3.63.** Let  $c$  be a constant. Prove that  $\int^b$ a  $c dx = c(b-a).$ 

<span id="page-26-0"></span>**Proof.** Let  $f(x) = c$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1),  $f$  is integrable on [a, b]. Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b - a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  (see Note 5.3.A).

**Exercise 5.3.63.** Let  $c$  be a constant. Prove that  $\int^b$ a  $c dx = c(b-a).$ 

**Proof.** Let  $f(x) = c$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1), f is integrable on [a, b]. Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b - a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  (see **Note 5.3.A).** Now  $||P|| = \Delta x = (b - a)/n$ , so when  $n \to \infty$  we have  $||P|| \rightarrow 0$ . So the value of the Riemann integral is given by

$$
\int_{a}^{b} c \, dx = \lim_{n \to \infty} \sum_{k=1}^{n} f(c_k) \left( \frac{b-a}{n} \right) = \lim_{n \to \infty} \sum_{k=1}^{n} c \left( \frac{b-a}{n} \right)
$$

$$
= \lim_{n \to \infty} \left( n c \frac{b-a}{n} \right) \text{ by Theorem 5.2.A(4)}
$$

$$
= \lim_{n \to \infty} c(b-a) = c(b-a). \quad \Box
$$

**Exercise 5.3.63.** Let  $c$  be a constant. Prove that  $\int^b$ a  $c dx = c(b-a).$ 

**Proof.** Let  $f(x) = c$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1), f is integrable on [a, b]. Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b - a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  (see Note 5.3.A). Now  $||P|| = \Delta x = (b - a)/n$ , so when  $n \to \infty$  we have  $||P|| \rightarrow 0$ . So the value of the Riemann integral is given by

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$$

$$
= \lim_{n \to \infty} \left( n c \frac{b-a}{n} \right) \text{ by Theorem 5.2.A(4)}
$$

$$
= \lim_{n \to \infty} c(b-a) = c(b-a). \quad \Box
$$

#### Example 5.3.A

**Example 5.3.A.** Use a regular partition of [a, b] with  $c_k = x_k$  to prove that for  $a < b$ :  $\int^b$ a  $x dx = \frac{b^2}{2}$  $rac{b^2}{2} - \frac{a^2}{2}$  $\frac{1}{2}$ .

<span id="page-29-0"></span>**Proof.** Let  $f(x) = x$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1), f is integrable on  $[a, b]$ . Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b - a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  satisfies  $c_k = x_k = a + k(b - a)/n$ (see Note 5.3.A).

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$$
\int_{a}^{b} x dx = \lim_{n \to \infty} \sum_{k=1}^{n} f(c_k) \left( \frac{b-a}{n} \right) = \lim_{n \to \infty} \sum_{k=1}^{n} c_k \left( \frac{b-a}{n} \right)
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$$
\int_a^b x \, dx = \lim_{n \to \infty} \sum_{k=1}^n f(c_k) \left( \frac{b-a}{n} \right) = \lim_{n \to \infty} \sum_{k=1}^n c_k \left( \frac{b-a}{n} \right)
$$

# Example 5.3.A (continued 1)

$$
\int_{a}^{b} x \, dx = \lim_{n \to \infty} \sum_{k=1}^{n} c_k \left( \frac{b-a}{n} \right) = \lim_{n \to \infty} \sum_{k=1}^{n} \left( a + k \frac{b-a}{n} \right) \left( \frac{b-a}{n} \right)
$$

$$
= \lim_{n \to \infty} \left( \frac{b-a}{n} \right) \left( \sum_{k=1}^{n} a + \frac{b-a}{n} \sum_{k=1}^{n} k \right)
$$

$$
= \lim_{n \to \infty} \left( \frac{b-a}{n} \right) \left( (na) + \frac{b-a}{n} \left( \frac{n(n+1)}{2} \right) \right)
$$

$$
= \lim_{n \to \infty} \left( \sum_{k=1}^{n} k = \frac{n(n+1)}{2} \right)
$$

$$
= \lim_{n \to \infty} \left( (b-a)a + \left( \frac{b-a}{n} \right)^2 \left( \frac{n(n+1)}{2} \right) \right)
$$

# Example 5.3.A (continued 2)

Proof (continued).  
\n
$$
\int_{a}^{b} x dx = \lim_{n \to \infty} \left( (b - a)a + \left( \frac{b - a}{n} \right)^{2} \left( \frac{n(n + 1)}{2} \right) \right)
$$
\n
$$
= (b - a)a + (b - a)^{2} \lim_{n \to \infty} \frac{n(n + 1)}{2n^{2}}
$$
\n
$$
= (b - a)a + (b - a)^{2} \lim_{n \to \infty} \frac{n^{2} + n}{2n^{2}} \left( \frac{1/n^{2}}{1/n^{2}} \right)
$$
\n
$$
= (b - a)a + (b - a)^{2} \lim_{n \to \infty} \frac{1 + 1/n}{2}
$$
\n
$$
= (b - a)a + (b - a)^{2} \frac{1 + \lim_{n \to \infty} 1/n}{2}
$$
\n
$$
= (b - a)a + (b - a)^{2} \frac{1 + (0)}{2} = ab - a^{2} + \frac{b^{2} - 2ab + a^{2}}{2}
$$
\n
$$
= \frac{b^{2}}{2} - \frac{a^{2}}{2}. \quad \Box
$$

**Exercise 5.3.65.** Use a regular partition of [a, b] with  $c_k = x_k$  to prove that for  $a < b$ :  $\int^b$ a  $x^2 dx = \frac{b^3}{3}$  $rac{b^3}{3} - \frac{a^3}{3}$  $\frac{1}{3}$ .

<span id="page-34-0"></span>**Proof.** Let  $f(x) = x^2$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1), f is integrable on  $[a, b]$ . Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b - a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  satisfies  $c_k = x_k = a + k(b - a)/n$ (see Note 5.3.A).

**Exercise 5.3.65.** Use a regular partition of [a, b] with  $c_k = x_k$  to prove that for  $a < b$ :  $\int^b$ a  $x^2 dx = \frac{b^3}{3}$  $rac{b^3}{3} - \frac{a^3}{3}$  $\frac{1}{3}$ .

**Proof.** Let  $f(x) = x^2$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1),  $f$  is integrable on [a, b]. Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b - a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  satisfies  $c_k = x_k = a + k(b - a)/n$ (see Note 5.3.A). Now  $||P|| = \Delta x = (b - a)/n$ , so when  $n \to \infty$  we have  $||P|| \rightarrow 0$ . So the value of the Riemann integral is given by

$$
\int_{a}^{b} x^{2} dx = \lim_{n \to \infty} \sum_{k=1}^{n} f(c_{k}) \left(\frac{b-a}{n}\right) = \lim_{n \to \infty} \sum_{k=1}^{n} c_{k}^{2} \left(\frac{b-a}{n}\right)
$$

**Exercise 5.3.65.** Use a regular partition of [a, b] with  $c_k = x_k$  to prove that for  $a < b$ :  $\int^b$ a  $x^2 dx = \frac{b^3}{3}$  $rac{b^3}{3} - \frac{a^3}{3}$  $\frac{1}{3}$ .

**Proof.** Let  $f(x) = x^2$ . Then f is continuous on [a, b] so, by "Integrability of Continuous Functions" (Theorem 5.1),  $f$  is integrable on [a, b]. Therefore, we can consider any sequence of partitions which have a norm approaching 0. So we consider an equal width partition  $P = \{x_0, x_1, \ldots, x_n\}$  for which  $\Delta x_k = \Delta x = (b - a)/n$ ,  $x_k = a + k(b-a)/n$ , and  $c_k \in [x_{k-1}, x_k]$  satisfies  $c_k = x_k = a + k(b-a)/n$ (see Note 5.3.A). Now  $||P|| = \Delta x = (b - a)/n$ , so when  $n \to \infty$  we have  $||P|| \rightarrow 0$ . So the value of the Riemann integral is given by

$$
\int_{a}^{b} x^{2} dx = \lim_{n \to \infty} \sum_{k=1}^{n} f(c_{k}) \left( \frac{b-a}{n} \right) = \lim_{n \to \infty} \sum_{k=1}^{n} c_{k}^{2} \left( \frac{b-a}{n} \right)
$$

# Exercise 5.3.65 (continued 1)

$$
\int_{a}^{b} x^{2} dx = \lim_{n \to \infty} \sum_{k=1}^{n} c_{k}^{2} \left( \frac{b-a}{n} \right) = \lim_{n \to \infty} \sum_{k=1}^{n} \left( a + k \frac{b-a}{n} \right)^{2} \left( \frac{b-a}{n} \right)
$$
  
\n
$$
= \lim_{n \to \infty} \left( \frac{b-a}{n} \right) \sum_{k=1}^{n} \left( a^{2} + 2ak \frac{b-a}{n} + k^{2} \left( \frac{b-a}{n} \right)^{2} \right)
$$
  
\n
$$
= \lim_{n \to \infty} \left( \frac{b-a}{n} \right) \left( (na^{2}) + 2a \frac{b-a}{n} \sum_{k=1}^{n} k + \left( \frac{b-a}{n} \right)^{2} \sum_{k=1}^{n} k^{2} \right)
$$
  
\n
$$
= \lim_{n \to \infty} \left( \frac{b-a}{n} \right) \left( (na^{2}) + 2a \frac{b-a}{n} \left( \frac{n(n+1)}{2} \right) + \left( \frac{b-a}{n} \right)^{2} \left( \frac{n(n+1)(2n+1)}{6} \right) \right)
$$
  
\nsince  $\sum_{k=1}^{n} k = \frac{n(n+1)}{2}$  and  $\sum_{k=1}^{n} k^{2} = \frac{n(n+1)(2n+1)}{6}$ 

# Exercise 5.3.65 (continued 2)

$$
\int_{a}^{b} x^{2} dx = \lim_{n \to \infty} \left( \frac{b-a}{n} \right) \left( (na^{2}) + 2a \frac{b-a}{n} \left( \frac{n(n+1)}{2} \right) + \left( \frac{b-a}{n} \right)^{2} \left( \frac{n(n+1)(2n+1)}{6} \right) \right)
$$
  
= 
$$
\lim_{n \to \infty} (b-a) \left( a^{2} + 2a \frac{b-a}{n^{2}} \left( \frac{n(n+1)}{2} \right) + \frac{(b-a)^{2}}{n^{3}} \left( \frac{n(n+1)(2n+1)}{6} \right) \right)
$$
  
= 
$$
\lim_{n \to \infty} (b-a) \left( a^{2} + 2a(b-a) \left( \frac{(n^{2} + n)/n^{2}}{2} \right) + (b-a)^{2} \left( \frac{(2n^{3} + 3n^{2} + n)/n^{3}}{6} \right) \right)
$$

# Exercise 5.3.65 (continued 3)

$$
\int_{a}^{b} x^{2} dx = \lim_{n \to \infty} (b - a) \left( a^{2} + 2a(b - a) \left( \frac{(n^{2} + n)/n^{2}}{2} \right) + (b - a)^{2} \left( \frac{(2n^{3} + 3n^{2} + n)/n^{3}}{6} \right) \right)
$$
  
= 
$$
\lim_{n \to \infty} (b - a) \left( a^{2} + 2a(b - a) \left( \frac{1 + 1/n}{2} \right) + (b - a)^{2} \left( \frac{2 + 3/n + 1/n^{2}}{6} \right) \right)
$$
  
= 
$$
(b - a) \left( a^{2} + 2a(b - a) \left( \frac{1 + \lim_{n \to \infty} 1/n}{2} \right) + (b - a)^{2} \left( \frac{2 + 3 \lim_{n \to \infty} (1/n) + (\lim_{n \to \infty} 1/n)^{2}}{6} \right) \right)
$$

# Exercise 5.3.65 (continued 4)

Proof (continued).

.)

$$
\int_{a}^{b} x^{2} dx = (b-a) \left( a^{2} + 2a(b-a) \left( \frac{1+(0)}{2} \right) + (b-a)^{2} \left( \frac{2+3(0)+(0)^{2}}{6} \right) \right)
$$
  
=  $(b-a) (a^{2} + a(b-a) + (b-a)^{2}(1/3))$   
=  $(b-a) (a^{2} + ab - a^{2} + b^{2}/3 - 2ab/3 + a^{2}/3)$   
=  $(b-a) (ab/3 + b^{2}/3 + a^{2}/3)$   
=  $(ab^{2} + b^{3} + a^{2}b - a^{2}b - ab^{2} - a^{3})/3$   
=  $\frac{b^{3}}{3} - \frac{a^{3}}{3}$ .

#### Exercise 5.3.36. Use Equation (4) (see Exercise 5.3.65) to evaluate the integral  $\int^{\pi/2}$ 0  $\theta^2 d\theta$ .

**Solution.** The integrand is  $f(\theta) = \theta^2$ , the lower bound of the integral is  $a = 0$ , and the upper bound of the integral is  $b = \pi/2$ . So by Equation (4) (Exercise 5.3.65),

<span id="page-41-0"></span>
$$
\int_0^{\pi/2} \theta^2 d\theta = \frac{b^3}{3} - \frac{a^3}{3} = \frac{(\pi/2)^3}{3} - \frac{0^3}{3} = \frac{\pi^3}{24}.
$$

 $\Box$ 

Exercise 5.3.36. Use Equation (4) (see Exercise 5.3.65) to evaluate the integral  $\int^{\pi/2}$ 0  $\theta^2 d\theta$ .

**Solution.** The integrand is  $f(\theta)=\theta^2$ , the lower bound of the integral is  $a = 0$ , and the upper bound of the integral is  $b = \pi/2$ . So by Equation (4) (Exercise 5.3.65),

$$
\int_0^{\pi/2} \theta^2 d\theta = \frac{b^3}{3} - \frac{a^3}{3} = \frac{(\pi/2)^3}{3} - \frac{0^3}{3} = \frac{\pi^3}{24}.
$$

 $\Box$ 

**Exercise 5.3.18.** Graph the integrand and use known area formulas to evaluate the integral:  $\int^0$ −4  $\sqrt{16-x^2} dx$ .

<span id="page-43-0"></span>**Solution.** Notice that with  $y =$  $16 - x^2$ , we have **Solution:** Notice that with  $y = \sqrt{10 - x^2}$ , we have<br>  $y^2 = (\sqrt{16 - x^2})^2 = 16 - x^2$  and  $y \ge 0$ . So  $x^2 + y^2 = 16$  and  $y \ge 0$ . So the graph of  $y=\sqrt{16-x^2}$  is the top half (since  $y\geq 0)$  of a circle of radius  $r = 4$  and center  $(0, 0)$ :

**Exercise 5.3.18.** Graph the integrand and use known area formulas to evaluate the integral:  $\int_0^0 \sqrt{16-x^2}\,dx$ . −4

**Solution.** Notice that with  $y =$ √  $16 - x^2$ , we have **Solution:** Notice that with  $y = \sqrt{10 - x^2}$ , we have<br>  $y^2 = (\sqrt{16 - x^2})^2 = 16 - x^2$  and  $y \ge 0$ . So  $x^2 + y^2 = 16$  and  $y \ge 0$ . So the graph of  $y=\sqrt{16-x^2}$  is the top half (since  $y\geq 0)$  of a circle of radius  $r = 4$  and center  $(0, 0)$ :



**Exercise 5.3.18.** Graph the integrand and use known area formulas to evaluate the integral:  $\int_0^0 \sqrt{16-x^2}\,dx$ . −4

**Solution.** Notice that with  $y =$ √  $16 - x^2$ , we have **Solution:** Notice that with  $y = \sqrt{10 - x^2}$ , we have<br>  $y^2 = (\sqrt{16 - x^2})^2 = 16 - x^2$  and  $y \ge 0$ . So  $x^2 + y^2 = 16$  and  $y \ge 0$ . So the graph of  $y=\sqrt{16-x^2}$  is the top half (since  $y\geq 0)$  of a circle of radius  $r = 4$  and center  $(0, 0)$ :



# Exercise 5.3.18 (continued)

Solution.



Since  $y = f(x) = \sqrt{16 - x^2}$  is non-negative, then (by definition) the definite integral  $\int^0$ −4  $\sqrt{16-x^2}$  dx is the area under the curve  $y=\sqrt{16-x^2}$  (and above the x-axis) from  $a=-4$  to  $b=0.$  That is, the √ integral is  $1/4$  of the area of a circle of radius  $r = 4$ . Therefore,  $\int_0^0$ −4  $\sqrt{16-x^2} dx = \frac{\pi(r)^2}{4}$ 4  $\Big|_{r=4}$  $=\frac{\pi(4)^2}{4}$  $\frac{41}{4} = 4\pi$ .

<span id="page-47-0"></span>**Exercise 5.3.62.** Graph the function  $h(x) = |x|$  and find the average value over the intervals (a)  $[-1, 0]$ , (b)  $[0, 1]$ , and (c)  $[-1, 1]$ .

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**Exercise 5.3.76.** Show that the value of  $\int^1$ 0 √  $x + 8 dx$  lies between 2 √  $2 \approx 2.8$  and 3.

<span id="page-53-0"></span>**Solution.** Let  $f(x) = \sqrt{x+8} = (x+8)^{1/2}$ . Then  $f'(x) = \frac{1}{2}(x+8)^{-1/2} = \frac{1}{2\sqrt{x}}$ 2 √  $x + 8$ and so the only critical point of f is  $x = -8$ . So continuous function f has no critical points in [0, 1] and hence by the technique of Section 4.1, "Extreme Values of Functions on Closed Intervals," the extremes of  $f$  on  $[0, 1]$  occur at the endpoints.

**Exercise 5.3.76.** Show that the value of  $\int^1$ 0 √  $x + 8 dx$  lies between 2 √  $2 \approx 2.8$  and 3.

**Solution.** Let  $f(x) = \sqrt{x+8} = (x+8)^{1/2}$ . Then  $f'(x) = \frac{1}{2}(x+8)^{-1/2} = \frac{1}{2\sqrt{x}}$ 2 √  $x + 8$ and so the only critical point of  $f$  is  $x = -8$ . So continuous function f has no critical points in [0, 1] and hence by the technique of Section 4.1, "Extreme Values of Functions on Closed Intervals," the extremes of f on  $[0, 1]$  occur at the endpoints. Since intervals, the extremes of 7 on [0, 1] occur at the endpoints. Since<br> $f(0) = \sqrt{(0) + 8} = \sqrt{8} = 2\sqrt{2}$  and  $f(1) = \sqrt{(1) + 8} = \sqrt{9} = 3$ , then the  $m(v) = \sqrt{v} + 6 = \sqrt{6} = 2\sqrt{2}$  and  $m(v) = \sqrt{1} + 6 = \sqrt{9} = 5$ , the minimum of f on  $[a, b] = [0, 1]$  is min  $f = 2\sqrt{2}$  and the maximum is min  $f = 3$ .

**Exercise 5.3.76.** Show that the value of  $\int^1$ 0 √  $x + 8 dx$  lies between 2 √  $2 \approx 2.8$  and 3.

**Solution.** Let  $f(x) = \sqrt{x+8} = (x+8)^{1/2}$ . Then  $f'(x) = \frac{1}{2}(x+8)^{-1/2} = \frac{1}{2\sqrt{x}}$ 2 √  $x + 8$ and so the only critical point of  $f$  is  $x = -8$ . So continuous function f has no critical points in [0, 1] and hence by the technique of Section 4.1, "Extreme Values of Functions on Closed Intervals," the extremes of f on  $[0, 1]$  occur at the endpoints. Since f (0) =  $\sqrt{(0)+8} = \sqrt{8} = 2\sqrt{2}$  and  $f(1) = \sqrt{(1)+8} = \sqrt{9} = 3$ , then the  $v(0) = \sqrt{0} + 6 = \sqrt{6} = 2\sqrt{2}$  and  $v(1) = \sqrt{1} + 6 = \sqrt{9} = 5$ , the minimum of f on  $[a, b] = [0, 1]$  is min  $f = 2\sqrt{2}$  and the maximum is min  $f = 3$ .

# Exercise 5.3.76 (continued)

**Exercise 5.3.76.** Show that the value of  $\int^1$ 0 √  $x + 8 dx$  lies between 2 √  $2 \approx 2.8$  and 3.

Solution (continued). By Theorem 5.2(6), the Max-Min Inequality, we have

$$
\min f \cdot (b - a) = (2\sqrt{2})((1) - (0)) \le \int_{a}^{b} f(x) dx
$$

$$
= \int_{0}^{1} \sqrt{x + 8} dx \le \max f \cdot (b - a) = (3)((1) - (0),
$$
of  $2\sqrt{2} \le \int_{0}^{1} \sqrt{x + 8} dx \le 3$ , as claimed.  $\square$ 

Exercise 5.3.88. If you average 30 miles/hour on a 150 mile trip and then return over the same 150 miles at the rate of 50 miles/hour, what is your average speed for the trip? Give reasons for your answer.

<span id="page-57-0"></span>**Solution.** We define function  $f(t)$  as your speed as a function of time t, where  $t$  is measured in hours and  $f$  is measured in miles/hour. So we have f defined piecewise as  $f(t) = 30$  miles/hour for t between 0 hours and 5 hours (since it takes 5 hours to travel 150 miles at 30 miles/hour) and  $f(t) = 50$  miles/hour for t between 5 hours and 8 hours (since it takes 3 hours to travel 150 miles at 50 miles/hour):  $f(t) = \begin{cases} 30, & 0 \leq t < 5 \\ 50, & 5 < t < 8 \end{cases}$ 50,  $5 \le t \le 8$ 

Exercise 5.3.88. If you average 30 miles/hour on a 150 mile trip and then return over the same 150 miles at the rate of 50 miles/hour, what is your average speed for the trip? Give reasons for your answer.

**Solution.** We define function  $f(t)$  as your speed as a function of time t, where t is measured in hours and  $f$  is measured in miles/hour. So we have f defined piecewise as  $f(t) = 30$  miles/hour for t between 0 hours and 5 hours (since it takes 5 hours to travel 150 miles at 30 miles/hour) and  $f(t) = 50$  miles/hour for t between 5 hours and 8 hours (since it takes 3 hours to travel 150 miles at 50 miles/hour):  $f(t) = \begin{cases} 30, & 0 \leq t < 5 \\ 50, & 5 < t < 8 \end{cases}$ 50, 5 $\leq t \leq 8$ 

# Exercise 5.3.88 (continued)

 $\Box$ 

Solution (continued).  $\ldots f(t) = \begin{cases} 30, & 0 \leq t < 5 \\ 50, & 5 < t < 8 \end{cases}$ 50,  $5 \le t \le 8$  So, by definition, the average speed (i.e., the average of f over  $[0, 8]$ ) is

$$
av(f) = \frac{1}{b-a} \int_{a}^{b} f(t) dt = \frac{1}{(8) - (0)} \int_{0}^{8} f(t) dt
$$
  
\n
$$
= \frac{1}{8} \left( \int_{0}^{5} f(t) dt + \int_{5}^{8} f(t) dt \right) by Theorem 5.2(5), Additivity
$$
  
\n
$$
= \frac{1}{8} \left( \int_{0}^{5} 30 dt + \int_{5}^{8} 50 dt \right)
$$
  
\n
$$
= \frac{1}{8} ((30)((5) - (0)) + (50)((8) - (5))) by Exercise 5.3.63
$$
  
\n
$$
= \frac{1}{8} (150 + 150) = \frac{300}{8} = \boxed{\frac{75}{2} \text{ miles/hour.}}
$$

# Exercise 5.3.88 (continued)

<span id="page-60-0"></span> $\Box$ 

Solution (continued).  $\ldots f(t) = \begin{cases} 30, & 0 \leq t < 5 \\ 50, & 5 < t < 8 \end{cases}$ 50,  $5 \le t \le 8$  So, by definition, the average speed (i.e., the average of f over  $[0, 8]$ ) is

$$
av(f) = \frac{1}{b-a} \int_{a}^{b} f(t) dt = \frac{1}{(8) - (0)} \int_{0}^{8} f(t) dt
$$
  
\n
$$
= \frac{1}{8} \left( \int_{0}^{5} f(t) dt + \int_{5}^{8} f(t) dt \right) by Theorem 5.2(5), Additivity
$$
  
\n
$$
= \frac{1}{8} \left( \int_{0}^{5} 30 dt + \int_{5}^{8} 50 dt \right)
$$
  
\n
$$
= \frac{1}{8} ((30)((5) - (0)) + (50)((8) - (5))) by Exercise 5.3.63
$$
  
\n
$$
= \frac{1}{8} (150 + 150) = \frac{300}{8} = \boxed{\frac{75}{2} \text{ miles/hour.}}
$$